

Texas Christian University

Campus Recreation & Wellness Benchmarking Survey

Alumni & Community Members

Office of Quality Enhancement
Spring 2020

Q1. Which best describes you?

Count	Percent	
0	0.00%	Student
0	0.00%	Faculty
0	0.00%	Staff
73	42.69%	Alumni
98	57.31%	Community member
171		Respondents

Q2. Do you utilize any of the on-campus recreation facilities, programs, or services?

Count	Percent	
164	95.91%	Yes
7	4.09%	No
171		Respondents

Q11. On average, how many times per week do you participate in on-campus recreational sports, programs, and/or activities?

Count	Percent	
16	10.67%	Never
19	12.67%	1 time per week
32	21.33%	2 times per week
31	20.67%	3 times per week
22	14.67%	4 times per week
19	12.67%	5 times per week
8	5.33%	6 times per week
3	2.00%	7 times per week
0	0.00%	More than 7 times per week
150		Respondents

Q12. On average, how many minutes do you spend utilizing the on-campus recreational facilities or participating in programs or activities?

Count	Percent	
2	1.33%	Less than 30 minutes per visit
59	39.33%	30 - 59 minutes per visit
72	48.00%	60 - 89 minutes per visit
17	11.33%	90 minutes or longer per visit
150		Respondents

Q13. How often do you participate in the following on-campus activities, programs, and/or services? - Intramural sports

Count	Percent	
0	0.00%	5 or more times per week
0	0.00%	3 - 4 times per week
0	0.00%	1 - 2 times per week
0	0.00%	1 - 2 times per month
1	0.81%	1 - 2 times per semester/quarter
122	99.19%	Never
123		Respondents

Q14. How often do you participate in the following on-campus activities, programs, and/or services? - Sport clubs

Count	Percent	
0	0.00%	5 or more times per week
3	2.48%	3 - 4 times per week
3	2.48%	1 - 2 times per week
0	0.00%	1 - 2 times per month
1	0.83%	1 - 2 times per semester/quarter
114	94.21%	Never
121		Respondents

Q15. How often do you participate in the following on-campus activities, programs, and/or services? - Aquatics/pool

Count	Percent	
2	1.56%	5 or more times per week
7	5.47%	3 - 4 times per week
15	11.72%	1 - 2 times per week
19	14.84%	1 - 2 times per month
20	15.63%	1 - 2 times per semester/quarter
65	50.78%	Never
128		Respondents

Q16. How often do you participate in the following on-campus activities, programs, and/or services? - Instructor-led group fitness or exercise classes

Count	Percent	
1	0.80%	5 or more times per week
10	8.00%	3 - 4 times per week
1	0.80%	1 - 2 times per week
3	2.40%	1 - 2 times per month
11	8.80%	1 - 2 times per semester/quarter
99	79.20%	Never
125		Respondents

Q17. How often do you participate in the following on-campus activities, programs, and/or services? - Weight training/lifting free weights

Count	Percent	
18	13.04%	5 or more times per week
44	31.88%	3 - 4 times per week
43	31.16%	1 - 2 times per week
8	5.80%	1 - 2 times per month
7	5.07%	1 - 2 times per semester/quarter
18	13.04%	Never
138		Respondents

Q18. How often do you participate in the following on-campus activities, programs, and/or services? - Cardio-vascular training (e.g., treadmill, elliptical, stationary bike)

Count	Percent	
19	13.48%	5 or more times per week
41	29.08%	3 - 4 times per week
44	31.21%	1 - 2 times per week
14	9.93%	1 - 2 times per month
3	2.13%	1 - 2 times per semester/quarter
20	14.18%	Never
141		Respondents

Q19. How often do you participate in the following on-campus activities, programs, and/or services? - Open recreation (e.g., pick-up basketball, volleyball, soccer)

Count	Percent	
0	0.00%	5 or more times per week
5	4.07%	3 - 4 times per week
5	4.07%	1 - 2 times per week
8	6.50%	1 - 2 times per month
17	13.82%	1 - 2 times per semester/quarter
88	71.54%	Never
123		Respondents

Q20. How often do you participate in the following on-campus activities, programs, and/or services? - Racquet sports (e.g., racquetball, squash, badminton, tennis)

Count	Percent	
0	0.00%	5 or more times per week
1	0.85%	3 - 4 times per week
3	2.56%	1 - 2 times per week
6	5.13%	1 - 2 times per month
19	16.24%	1 - 2 times per semester/quarter
88	75.21%	Never
117		Respondents

Q21. How often do you participate in the following on-campus activities, programs, and/or services? - Outdoor adventure activities and/or trips

Count	Percent	
0	0.00%	5 or more times per week
0	0.00%	3 - 4 times per week
0	0.00%	1 - 2 times per week
0	0.00%	1 - 2 times per month
3	2.50%	1 - 2 times per semester/quarter
117	97.50%	Never
120		Respondents

Q22. How often do you participate in the following on-campus activities, programs, and/or services? - Personal training

Count	Percent	
1	0.78%	5 or more times per week
1	0.78%	3 - 4 times per week
10	7.81%	1 - 2 times per week
0	0.00%	1 - 2 times per month
5	3.91%	1 - 2 times per semester/quarter
111	86.72%	Never
128		Respondents

Q23. How often do you participate in the following on-campus activities, programs, and/or services? - Fitness assessments or testing

Count	Percent	
0	0.00%	5 or more times per week
0	0.00%	3 - 4 times per week
3	2.42%	1 - 2 times per week
0	0.00%	1 - 2 times per month
4	3.23%	1 - 2 times per semester/quarter
117	94.35%	Never
124		Respondents

Q24. How often do you participate in the following on-campus activities, programs, and/or services? - Classes (e.g., safety classes, non-credit recreation, for credit recreation)

Count	Percent	
0	0.00%	5 or more times per week
0	0.00%	3 - 4 times per week
0	0.00%	1 - 2 times per week
0	0.00%	1 - 2 times per month
2	1.65%	1 - 2 times per semester/quarter
119	98.35%	Never
121		Respondents

Q25. How often do you participate in the following on-campus activities, programs, and/or services? - Wellness programs

Count	Percent	
1	0.82%	5 or more times per week
0	0.00%	3 - 4 times per week
0	0.00%	1 - 2 times per week
0	0.00%	1 - 2 times per month
3	2.46%	1 - 2 times per semester/quarter
118	96.72%	Never
122		Respondents

Q26. Please indicate which times of the day are you most likely to utilize facilities: - During the week (Monday - Friday)

Count	Percent	
37	25.34%	Early morning (before 8 a.m.)
24	16.44%	Morning (8 a.m. - 11 a.m.)
14	9.59%	Mid-day (11 a.m. - 2 p.m.)
22	15.07%	Afternoon (2 p.m. - 5 p.m.)
43	29.45%	Early evening (5 p.m. - 8 p.m.)
4	2.74%	Late evening (after 8 p.m.)
2	1.37%	Never
146		Respondents

Q27. Please indicate which times of the day are you most likely to utilize facilities: - On the weekend (Saturday - Sunday)

Count	Percent	
5	3.50%	Early morning (before 8 a.m.)
47	32.87%	Morning (8 a.m. - 11 a.m.)
31	21.68%	Mid-day (11 a.m. - 2 p.m.)
41	28.67%	Afternoon (2 p.m. - 5 p.m.)
8	5.59%	Early evening (5 p.m. - 8 p.m.)
1	0.70%	Late evening (after 8 p.m.)
10	6.99%	Never
143		Respondents

Q28. Please indicate your level of agreement with the following statements: - Participating in Campus Recreation activities and programs has expanded my interest in staying fit and healthy.

Count	Percent	
69	52.27%	Strongly agree
30	22.73%	Somewhat agree
18	13.64%	Neither agree nor disagree
0	0.00%	Somewhat disagree
0	0.00%	Strongly disagree
15	11.36%	No basis to judge
132		Respondents

Q29. Please indicate your level of agreement with the following statements: - Campus Recreation activities and programs contribute to the quality of life at this institution.

Count	Percent	
87	65.91%	Strongly agree
23	17.42%	Somewhat agree
9	6.82%	Neither agree nor disagree
0	0.00%	Somewhat disagree
0	0.00%	Strongly disagree
13	9.85%	No basis to judge
132		Respondents

Q30. Please indicate your level of agreement with the following statements: - Campus Recreation offers "something for everyone."

Count	Percent	
82	62.12%	Strongly agree
28	21.21%	Somewhat agree
11	8.33%	Neither agree nor disagree
2	1.52%	Somewhat disagree
0	0.00%	Strongly disagree
9	6.82%	No basis to judge
132		Respondents

Q31. Please indicate your level of agreement with the following statements: - My recreational needs are met by Campus Recreation.

Count	Percent	
83	63.36%	Strongly agree
31	23.66%	Somewhat agree
7	5.34%	Neither agree nor disagree
6	4.58%	Somewhat disagree
1	0.76%	Strongly disagree
3	2.29%	No basis to judge
131		Respondents

Q32. Please indicate your level of agreement with the following statements: - I enjoy participating in Campus Recreation activities and/or utilizing facilities.

Count	Percent	
110	82.09%	Strongly agree
16	11.94%	Somewhat agree
3	2.24%	Neither agree nor disagree
0	0.00%	Somewhat disagree
0	0.00%	Strongly disagree
5	3.73%	No basis to judge
134		Respondents

Q34. Please indicate your level of agreement with the following statements: - Overall, I would recommend Campus Recreation facilities, programs, and services to others.

Count	Percent	
109	81.34%	Strongly agree
20	14.93%	Somewhat agree
3	2.24%	Neither agree nor disagree
1	0.75%	Somewhat disagree
0	0.00%	Strongly disagree
1	0.75%	No basis to judge
134		Respondents

Q35. From your participation in Campus Recreation, do you feel you have increased or improved your: - Self confidence

Count	Percent	
60	46.51%	Definitely
50	38.76%	Somewhat
19	14.73%	Not at all
129		Respondents

Q36. From your participation in Campus Recreation, do you feel you have increased or improved your: - Sense of adventure

Count	Percent	
28	22.05%	Definitely
48	37.80%	Somewhat
51	40.16%	Not at all
127		Respondents

Q37. From your participation in Campus Recreation, do you feel you have increased or improved your: - Athletic ability

Count	Percent	
68	53.13%	Definitely
42	32.81%	Somewhat
18	14.06%	Not at all
128		Respondents

Q38. From your participation in Campus Recreation, do you feel you have increased or improved your: - Concentration

Count	Percent	
45	35.16%	Definitely
62	48.44%	Somewhat
21	16.41%	Not at all
128		Respondents

Q39. From your participation in Campus Recreation, do you feel you have increased or improved your: - Fitness level

Count	Percent	
97	72.39%	Definitely
36	26.87%	Somewhat
1	0.75%	Not at all
134		Respondents

Q40. From your participation in Campus Recreation, do you feel you have increased or improved your: - Respect for others

Count	Percent	
40	31.50%	Definitely
55	43.31%	Somewhat
32	25.20%	Not at all
127		Respondents

Q41. From your participation in Campus Recreation, do you feel you have increased or improved your: - Multicultural awareness

Count	Percent	
36	28.13%	Definitely
38	29.69%	Somewhat
54	42.19%	Not at all
128		Respondents

Q42. From your participation in Campus Recreation, do you feel you have increased or improved your: - Sense of belonging/association

Count	Percent	
38	30.16%	Definitely
44	34.92%	Somewhat
44	34.92%	Not at all
126		Respondents

Q43. From your participation in Campus Recreation, do you feel you have increased or improved your: - Communication skills

Count	Percent	
29	23.39%	Definitely
29	23.39%	Somewhat
66	53.23%	Not at all
124		Respondents

Q44. From your participation in Campus Recreation, do you feel you have increased or improved your: - Balance/coordination

Count	Percent	
70	54.26%	Definitely
46	35.66%	Somewhat
13	10.08%	Not at all
129		Respondents

Q45. From your participation in Campus Recreation, do you feel you have increased or improved your: - Physical strength

Count	Percent	
94	70.68%	Definitely
39	29.32%	Somewhat
0	0.00%	Not at all
133		Respondents

Q46. From your participation in Campus Recreation, do you feel you have increased or improved your: - Problem solving skills

Count	Percent	
24	19.05%	Definitely
42	33.33%	Somewhat
60	47.62%	Not at all
126		Respondents

Q47. From your participation in Campus Recreation, do you feel you have increased or improved your: - Feeling of well-being

Count	Percent	
102	78.46%	Definitely
24	18.46%	Somewhat
4	3.08%	Not at all
130		Respondents

Q48. From your participation in Campus Recreation, do you feel you have increased or improved your: - Time management skills

Count	Percent	
34	26.77%	Definitely
44	34.65%	Somewhat
49	38.58%	Not at all
127		Respondents

Q49. From your participation in Campus Recreation, do you feel you have increased or improved your: - Group cooperation skills

Count	Percent	
24	19.67%	Definitely
26	21.31%	Somewhat
72	59.02%	Not at all
122		Respondents

Q50. From your participation in Campus Recreation, do you feel you have increased or improved your: - Ability to get a good night's sleep

Count	Percent	
52	40.94%	Definitely
55	43.31%	Somewhat
20	15.75%	Not at all
127		Respondents

Q51. From your participation in Campus Recreation, do you feel you have increased or improved your: - Leadership skills

Count	Percent	
20	16.26%	Definitely
31	25.20%	Somewhat
72	58.54%	Not at all
123		Respondents

Q52. From your participation in Campus Recreation, do you feel you have increased or improved your: - Ability to multi-task

Count	Percent	
27	21.77%	Definitely
39	31.45%	Somewhat
58	46.77%	Not at all
124		Respondents

Q53. From your participation in Campus Recreation, do you feel you have increased or improved your: - Stress management

Count	Percent	
73	57.48%	Definitely
39	30.71%	Somewhat
15	11.81%	Not at all
127		Respondents

Q54. From your participation in Campus Recreation, do you feel you have increased or improved your: - Ability to develop friendships

Count	Percent	
36	28.57%	Definitely
41	32.54%	Somewhat
49	38.89%	Not at all
126		Respondents

Q55. From your participation in Campus Recreation, do you feel you have increased or improved your: - Weight control

Count	Percent	
71	53.79%	Definitely
52	39.39%	Somewhat
9	6.82%	Not at all
132		Respondents

Q56. From your participation in Campus Recreation, do you feel you have increased or improved your: - Overall health

Count	Percent	
103	78.03%	Definitely
29	21.97%	Somewhat
0	0.00%	Not at all
132		Respondents

Q59. Which of the following factors, if any, impede your use of campus recreation facilities, programs, and/or services? (Check all that apply)

Count	Respondent %	Response %	
17	12.32%	5.52%	Was not aware of offerings
5	3.62%	1.62%	Do not like to exercise
12	8.70%	3.90%	Injury or disability
13	9.42%	4.22%	Price/not affordable
27	19.57%	8.77%	No time
8	5.80%	2.60%	Child care was not available
16	11.59%	5.19%	Programs not offered at convenient times
77	55.80%	25.00%	Parking was a problem
0	0.00%	0.00%	Facilities are too spread out around campus
0	0.00%	0.00%	Facilities do not have the right equipment
29	21.01%	9.42%	Facilities are too crowded
3	2.17%	0.97%	Lack of privacy

Q59. Which of the following factors, if any, impede your use of campus recreation facilities, programs, and/or services? (Check all that apply)

Count	Respondent %	Response %	
29	21.01%	9.42%	Facilities are closed for events/activities that I do not wish to participate in
14	10.14%	4.55%	Hours of operation are not convenient
0	0.00%	0.00%	Lack of quality facilities
0	0.00%	0.00%	Facilities are too outdated
8	5.80%	2.60%	Do not know how to use the equipment
6	4.35%	1.95%	I use facilities off campus.
18	13.04%	5.84%	Other (please specify)
26	18.84%	8.44%	None of the above
138	Respondents		
308	Responses		

Q60. Which of the following other recreational facilities do you currently use? (Check all that apply)

Count	Respondent %	Response %	
26	19.12%	10.28%	Local health clubs
18	13.24%	7.11%	Facilities at your place of residence
45	33.09%	17.79%	Community parks and recreational facilities
36	26.47%	14.23%	Home equipment
89	65.44%	35.18%	Outdoor (e.g., run, bike)
23	16.91%	9.09%	Other (please specify)
16	11.76%	6.32%	None of the above
136	Respondents		
253	Responses		

Q61. If you have a membership at a local health club or other public facility, what are your monthly dues?

Count	Percent	
3	2.26%	\$0
7	5.26%	\$1 - \$24 per month
14	10.53%	\$25 - \$49 per month
3	2.26%	\$50 - \$74 per month
6	4.51%	\$75 - \$99 per month
6	4.51%	\$100 or more per month
94	70.68%	Not applicable
133	Respondents	

Q62. How old are you?

Count	Percent	
0	0.00%	Younger than 16
0	0.00%	16
1	0.79%	17
0	0.00%	18
0	0.00%	19
0	0.00%	20
1	0.79%	21
1	0.79%	22
4	3.17%	23
1	0.79%	24
2	1.59%	25
0	0.00%	26
1	0.79%	27
1	0.79%	28
0	0.00%	29
1	0.79%	30
5	3.97%	31
2	1.59%	32
1	0.79%	33
2	1.59%	34
2	1.59%	35
0	0.00%	36
2	1.59%	37
3	2.38%	38
2	1.59%	39
0	0.00%	40
1	0.79%	41
1	0.79%	42
2	1.59%	43
2	1.59%	44
0	0.00%	45
1	0.79%	46
0	0.00%	47
1	0.79%	48
1	0.79%	49
4	3.17%	50
5	3.97%	51
3	2.38%	52
1	0.79%	53
1	0.79%	54
1	0.79%	55
8	6.35%	56
2	1.59%	57
7	5.56%	58
4	3.17%	59
5	3.97%	60
4	3.17%	61
4	3.17%	62
2	1.59%	63
2	1.59%	64
32	25.40%	65+
126	Respondents	

Q68. With which categories do you identify? (select all that apply)			
Count	Respondent %	Response %	
1	0.73%	0.72%	Genderqueer or Non-Binary
86	62.77%	61.87%	Man
0	0.00%	0.00%	Transgender
46	33.58%	33.09%	Woman
1	0.73%	0.72%	Prefer to Self-Describe:
0	0.00%	0.00%	Unsure
5	3.65%	3.60%	Prefer Not to Answer
137	Respondents		
139	Responses		

Q69. With which categories do you identify? (select all that apply)			
Count	Respondent %	Response %	
2	1.46%	1.40%	African-American or Black
2	1.46%	1.40%	American Indian, Alaska Native, Indigenous, or First Nations
0	0.00%	0.00%	Arab or Middle Eastern
2	1.46%	1.40%	Asian or Asian American
10	7.30%	6.99%	Hispanic or Latino/a
1	0.73%	0.70%	Multiracial/Biracial
1	0.73%	0.70%	Native Hawaiian or other Pacific Islander
114	83.21%	79.72%	White or European American
2	1.46%	1.40%	Prefer to self-describe:
9	6.57%	6.29%	Prefer not to answer
137	Respondents		
143	Responses		

Q77. With which categories do you identify? (select all that apply)			
Count	Respondent %	Response %	
5	3.68%	3.65%	Asexual
1	0.74%	0.73%	Bisexual or Pansexual
2	1.47%	1.46%	Gay or Lesbian
115	84.56%	83.94%	Heterosexual/Straight
1	0.74%	0.73%	Queer
1	0.74%	0.73%	Prefer to self-describe:
0	0.00%	0.00%	Unsure
12	8.82%	8.76%	Prefer not to answer
136	Respondents		
137	Responses		

Q78. How many miles do you live from the on-campus Recreation Center?			
Count	Percent		
27	19.57%	Less than 1 mile	
74	53.62%	1 - 5 miles	
19	13.77%	6 - 10 miles	
10	7.25%	11 - 15 miles	
8	5.80%	16 - 20 miles	
0	0.00%	More than 20 miles	
138	Respondents		

Q83. Are you currently employed by the Campus Recreation department?

Count	Percent	
133	98.52%	No
0	0.00%	Yes, I am currently employed by the Campus Recreation department.
2	1.48%	I am not currently employed by the Campus Recreation department, but have been in the past.
135	Respondents	

Q85. Have you ever been enlisted in any branch of the US military (active duty, veteran, national guard, or reserves)?

Count	Percent	
12	8.89%	Yes
123	91.11%	No
135	Respondents	

Q88. Are you willing to answer additional survey questions about your satisfaction with Campus Recreation facilities, services, and programs?

Count	Percent	
109	80.15%	Yes
27	19.85%	No
136	Respondents	

Q89. Please indicate your level of agreement with the following statements about recreation staff members: - Professional staff members are friendly.

Count	Percent	
72	72.73%	Strongly agree
17	17.17%	Somewhat agree
5	5.05%	Neither agree nor disagree
3	3.03%	Somewhat disagree
2	2.02%	Strongly disagree
0	0.00%	No basis to judge
99	Respondents	

Q90. Please indicate your level of agreement with the following statements about recreation staff members: - Professional staff members are knowledgeable.

Count	Percent	
53	53.54%	Strongly agree
22	22.22%	Somewhat agree
8	8.08%	Neither agree nor disagree
3	3.03%	Somewhat disagree
3	3.03%	Strongly disagree
10	10.10%	No basis to judge
99	Respondents	

Q91. Please indicate your level of agreement with the following statements about recreation staff members: - Professional staff members are available to answer questions.

Count	Percent	
68	69.39%	Strongly agree
17	17.35%	Somewhat agree
5	5.10%	Neither agree nor disagree
3	3.06%	Somewhat disagree
2	2.04%	Strongly disagree
3	3.06%	No basis to judge
98	Respondents	

Q92. Please indicate your level of agreement with the following statements: - Recreation facilities are clean.

Count	Percent	
80	81.63%	Strongly agree
17	17.35%	Somewhat agree
0	0.00%	Neither agree nor disagree
1	1.02%	Somewhat disagree
0	0.00%	Strongly disagree
0	0.00%	No basis to judge
98		Respondents

Q93. Please indicate your level of agreement with the following statements: - Recreation facilities provide a safe environment.

Count	Percent	
86	88.66%	Strongly agree
8	8.25%	Somewhat agree
1	1.03%	Neither agree nor disagree
2	2.06%	Somewhat disagree
0	0.00%	Strongly disagree
0	0.00%	No basis to judge
97		Respondents

Q94. Please indicate your level of agreement with the following statements: - Recreation facilities are well-maintained to encourage participation (e.g., temperature, ventilation).

Count	Percent	
87	87.88%	Strongly agree
10	10.10%	Somewhat agree
1	1.01%	Neither agree nor disagree
0	0.00%	Somewhat disagree
1	1.01%	Strongly disagree
0	0.00%	No basis to judge
99		Respondents

Q95. Please indicate your level of agreement with the following statements: - Fitness equipment is clean.

Count	Percent	
77	77.78%	Strongly agree
17	17.17%	Somewhat agree
2	2.02%	Neither agree nor disagree
0	0.00%	Somewhat disagree
0	0.00%	Strongly disagree
3	3.03%	No basis to judge
99		Respondents

Q96. Please indicate your level of agreement with the following statements: - Fitness equipment is well-maintained.

Count	Percent	
62	64.58%	Strongly agree
27	28.13%	Somewhat agree
2	2.08%	Neither agree nor disagree
1	1.04%	Somewhat disagree
0	0.00%	Strongly disagree
4	4.17%	No basis to judge
96		Respondents

Q97. Please indicate your level of agreement with the following statements: - Fitness equipment is available when I want to use it.

Count	Percent	
38	39.18%	Strongly agree
37	38.14%	Somewhat agree
14	14.43%	Neither agree nor disagree
4	4.12%	Somewhat disagree
1	1.03%	Strongly disagree
3	3.09%	No basis to judge
97		Respondents

Q98. Please indicate your level of satisfaction with the following: - Number of weight machines

Count	Percent	
58	59.79%	Very satisfied
28	28.87%	Somewhat satisfied
1	1.03%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
10	10.31%	No basis to judge
97		Respondents

Q99. Please indicate your level of satisfaction with the following: - Number of free weights

Count	Percent	
56	58.33%	Very satisfied
16	16.67%	Somewhat satisfied
2	2.08%	Neither satisfied nor dissatisfied
2	2.08%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
20	20.83%	No basis to judge
96		Respondents

Q100. Please indicate your level of satisfaction with the following: - Number of cardio machines

Count	Percent	
51	53.13%	Very satisfied
26	27.08%	Somewhat satisfied
7	7.29%	Neither satisfied nor dissatisfied
3	3.13%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
9	9.38%	No basis to judge
96		Respondents

Q101. Please indicate your level of satisfaction with the following: - Adequate stretching areas

Count	Percent	
42	43.30%	Very satisfied
24	24.74%	Somewhat satisfied
7	7.22%	Neither satisfied nor dissatisfied
10	10.31%	Somewhat dissatisfied
4	4.12%	Very dissatisfied
10	10.31%	No basis to judge
97		Respondents

Q102. Please indicate your level of satisfaction with the following: - Cleanliness of locker rooms

Count	Percent	
46	46.94%	Very satisfied
20	20.41%	Somewhat satisfied
8	8.16%	Neither satisfied nor dissatisfied
2	2.04%	Somewhat dissatisfied
1	1.02%	Very dissatisfied
21	21.43%	No basis to judge
98		Respondents

Q103. Please indicate your level of satisfaction with the following: - Availability of facilities (e.g., gym, fields, courts) for free play and open recreation

Count	Percent	
36	38.71%	Very satisfied
20	21.51%	Somewhat satisfied
9	9.68%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
28	30.11%	No basis to judge
93		Respondents

Q104. Please indicate your level of satisfaction with the following: - Location of campus recreation facilities

Count	Percent	
64	65.98%	Very satisfied
19	19.59%	Somewhat satisfied
10	10.31%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
4	4.12%	No basis to judge
97		Respondents

Q105. Please indicate your level of satisfaction with the following: - Amount of indoor recreation space on campus

Count	Percent	
47	48.45%	Very satisfied
20	20.62%	Somewhat satisfied
11	11.34%	Neither satisfied nor dissatisfied
2	2.06%	Somewhat dissatisfied
1	1.03%	Very dissatisfied
16	16.49%	No basis to judge
97		Respondents

Q106. Please indicate your level of satisfaction with the following: - Amount of outdoor recreation space on campus

Count	Percent	
38	39.58%	Very satisfied
17	17.71%	Somewhat satisfied
7	7.29%	Neither satisfied nor dissatisfied
2	2.08%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
32	33.33%	No basis to judge
96		Respondents

**Q107. Please rate your level of satisfaction on-campus recreational facilities hours of operation:
- Hours of operation during the week (Monday - Friday).**

Count	Percent	
76	78.35%	Very satisfied
17	17.53%	Somewhat satisfied
2	2.06%	Neither satisfied nor dissatisfied
1	1.03%	Somewhat dissatisfied
1	1.03%	Very dissatisfied
0	0.00%	No basis to judge
97	Respondents	

**Q108. Please rate your level of satisfaction on-campus recreational facilities hours of operation:
- Hours of operation during the weekend (Saturday - Sunday).**

Count	Percent	
63	64.29%	Very satisfied
26	26.53%	Somewhat satisfied
3	3.06%	Neither satisfied nor dissatisfied
4	4.08%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
2	2.04%	No basis to judge
98	Respondents	

Q109. Comments about the hours of operation, facilities, or equipment:

Count	Percent
54	100.00%
54	Respondents

Q110. Aquatics

Please rate your level of satisfaction with the following: - Hours of operation of the pool

Count	Percent	
13	30.95%	Very satisfied
16	38.10%	Somewhat satisfied
1	2.38%	Neither satisfied nor dissatisfied
4	9.52%	Somewhat dissatisfied
4	9.52%	Very dissatisfied
4	9.52%	No basis to judge
42	Respondents	

Q111. Aquatics

Please rate your level of satisfaction with the following: - Aquatics classes

Count	Percent	
4	9.52%	Very satisfied
0	0.00%	Somewhat satisfied
5	11.90%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
1	2.38%	Very dissatisfied
32	76.19%	No basis to judge
42	Respondents	

Q112. Aquatics**Please rate your level of satisfaction with the following: - Cleanliness of the pool**

Count	Percent	
24	57.14%	Very satisfied
10	23.81%	Somewhat satisfied
4	9.52%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
4	9.52%	No basis to judge
42		Respondents

Q113. Aquatics**Please rate your level of satisfaction with the following: - Availability of pool for different types of aquatics (free swim versus lap swim)**

Count	Percent	
20	47.62%	Very satisfied
8	19.05%	Somewhat satisfied
7	16.67%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
1	2.38%	Very dissatisfied
6	14.29%	No basis to judge
42		Respondents

Q114. Aquatics**Please rate your level of satisfaction with the following: - Lifeguards/Other aquatics staff**

Count	Percent	
29	69.05%	Very satisfied
6	14.29%	Somewhat satisfied
3	7.14%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
4	9.52%	No basis to judge
42		Respondents

Q115. Group Fitness Classes (Instructor-led)**Please rate your level of satisfaction with the following: - Number of group fitness classes**

Count	Percent	
6	30.00%	Very satisfied
7	35.00%	Somewhat satisfied
4	20.00%	Neither satisfied nor dissatisfied
1	5.00%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
2	10.00%	No basis to judge
20		Respondents

Q116. Group Fitness Classes (Instructor-led)**Please rate your level of satisfaction with the following: - Variety of group fitness classes**

Count	Percent	
9	45.00%	Very satisfied
5	25.00%	Somewhat satisfied
3	15.00%	Neither satisfied nor dissatisfied
1	5.00%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
2	10.00%	No basis to judge
20		Respondents

Q117. Group Fitness Classes (Instructor-led)**Please rate your level of satisfaction with the following: - Days and times of group fitness classes**

Count	Percent	
5	23.81%	Very satisfied
5	23.81%	Somewhat satisfied
4	19.05%	Neither satisfied nor dissatisfied
2	9.52%	Somewhat dissatisfied
2	9.52%	Very dissatisfied
3	14.29%	No basis to judge
21		Respondents

Q118. Group Fitness Classes (Instructor-led)**Please rate your level of satisfaction with the following: - Fitness class instructors**

Count	Percent	
10	50.00%	Very satisfied
1	5.00%	Somewhat satisfied
2	10.00%	Neither satisfied nor dissatisfied
1	5.00%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
6	30.00%	No basis to judge
20		Respondents

Q123. Sport Clubs**Please rate your level of satisfaction with the following: - Number of Sport Clubs offered**

Count	Percent	
1	25.00%	Very satisfied
0	0.00%	Somewhat satisfied
0	0.00%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
3	75.00%	No basis to judge
4		Respondents

Q124. Sport Clubs**Please rate your level of satisfaction with the following: - Variety of Sport Clubs offered**

Count	Percent	
1	25.00%	Very satisfied
0	0.00%	Somewhat satisfied
0	0.00%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
3	75.00%	No basis to judge
4		Respondents

Q125. Wellness/Fitness Centers**Please rate your level of satisfaction with the following: - Wellness facilities**

Count	Percent	
1	33.33%	Very satisfied
1	33.33%	Somewhat satisfied
0	0.00%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
1	33.33%	No basis to judge
3		Respondents

Q126. Wellness/Fitness Centers**Please rate your level of satisfaction with the following: - Fitness assessments**

Count	Percent	
2	50.00%	Very satisfied
1	25.00%	Somewhat satisfied
0	0.00%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
1	25.00%	No basis to judge
4		Respondents

Q127. Wellness/Fitness Centers**Please rate your level of satisfaction with the following: - Personal training**

Count	Percent	
5	55.56%	Very satisfied
0	0.00%	Somewhat satisfied
0	0.00%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
4	44.44%	No basis to judge
9		Respondents

Q128. Comments about any recreational activities, programs, or services you participate in:

Count	Percent
28	100.00%
28	Respondents

Q129. How do you learn about what is happening in the Recreation department? (Check all that apply)

Count	Respondent %	Response %	
28	26.92%	20.59%	College/university web page
23	22.12%	16.91%	Posters/flyers
1	0.96%	0.74%	Brochures
22	21.15%	16.18%	Word of mouth
0	0.00%	0.00%	Newspaper
7	6.73%	5.15%	Direct mailings
12	11.54%	8.82%	Social networking site (e.g., Facebook, Twitter, Friendster)
29	27.88%	21.32%	Other (please specify)
14	13.46%	10.29%	Not applicable
104	Respondents		
136	Responses		

Q130. Please rate your level of agreement with the following statements. - Recreational activities and services are effectively promoted.

Count	Percent	
23	21.70%	Strongly agree
31	29.25%	Somewhat agree
15	14.15%	Neither agree nor disagree
6	5.66%	Somewhat disagree
4	3.77%	Strongly disagree
27	25.47%	No basis to judge
106	Respondents	

Q131. Please rate your level of agreement with the following statements. - The recreation publications - flyers, poster, and brochures - effectively promote activities and services.

Count	Percent	
25	23.81%	Strongly agree
28	26.67%	Somewhat agree
13	12.38%	Neither agree nor disagree
8	7.62%	Somewhat disagree
1	0.95%	Strongly disagree
30	28.57%	No basis to judge
105	Respondents	

Q132. If you were improving/expanding recreation facilities, which of the following would be important to you? (Check all that apply)

Count	Respondent %	Response %	Response
8	7.77%	2.85%	Multi-purpose courts (gymnasiums)
37	35.92%	13.17%	Additional strength equipment (weights)
42	40.78%	14.95%	Additional cardio equipment
4	3.88%	1.42%	Additional racquetball courts
7	6.80%	2.49%	Additional tennis courts
21	20.39%	7.47%	Additional aquatic offerings
4	3.88%	1.42%	Additional fields
30	29.13%	10.68%	Additional open and/or park space
9	8.74%	3.20%	Personal training
10	9.71%	3.56%	Multi-purpose rooms for group fitness and other classes
19	18.45%	6.76%	Mind/body offerings
14	13.59%	4.98%	Indoor track
8	7.77%	2.85%	Adding child care facilities
2	1.94%	0.71%	Adding a social lounge area
4	3.88%	1.42%	Adding a juice bar or food service area
11	10.68%	3.91%	Ropes course
11	10.68%	3.91%	Expand outdoor or seasonal activities
1	0.97%	0.36%	Climbing wall
8	7.77%	2.85%	Skate park
19	18.45%	6.76%	Other (please specify)
12	11.65%	4.27%	None of the above
103	Respondents		
281	Responses		

Q133. What additional recreational offerings (not listed above) would you like to see that are not currently available on campus?

Count	Percent
30	100.00%
30	Respondents

Q134. What changes could be made to the recreation program that would increase your likelihood of utilizing on-campus recreational facilities, programs, and/or services?

Count	Percent
39	100.00%
39	Respondents

Q135. Which best describes how often you visit the recreation web page?

Count	Percent	Frequency
3	2.86%	5 or more times a week
7	6.67%	3 - 4 times per week
11	10.48%	1 - 2 times per week
26	24.76%	1 - 2 times per month
36	34.29%	1 - 2 times per semester
22	20.95%	Never
105	Respondents	

Q136. What do you use the recreation web page for?			
Count	Respondent %	Response %	
74	92.50%	57.81%	Check hours when facilities are open
21	26.25%	16.41%	Find information about activities, programs, and services
18	22.50%	14.06%	Check schedule of events
7	8.75%	5.47%	Register for events and activities
2	2.50%	1.56%	Staff information
0	0.00%	0.00%	Apply for employment
6	7.50%	4.69%	Other (please specify)
80	Respondents		
128	Responses		

Q137. Were you able to find the information that you were looking for on the recreation web page?		
Count	Percent	
79	100.00%	Yes
0	0.00%	No
79	Respondents	