

Texas Christian University

Campus Recreation & Wellness Benchmarking Survey

Faculty/Staff

Office of Quality Enhancement
Spring 2020

Q1. Which best describes you?

Count	Percent	
0	0.00%	Student
97	29.57%	Faculty
231	70.43%	Staff
0	0.00%	Alumni
0	0.00%	Community member
328		Respondents

Q2. Do you utilize any of the on-campus recreation facilities, programs, or services?

Count	Percent	
286	87.20%	Yes
42	12.80%	No
328		Respondents

Q11. On average, how many times per week do you participate in on-campus recreational sports, programs, and/or activities?

Count	Percent	
38	14.73%	Never
68	26.36%	1 time per week
54	20.93%	2 times per week
49	18.99%	3 times per week
21	8.14%	4 times per week
22	8.53%	5 times per week
4	1.55%	6 times per week
2	0.78%	7 times per week
0	0.00%	More than 7 times per week
258		Respondents

Q12. On average, how many minutes do you spend utilizing the on-campus recreational facilities or participating in programs or activities?

Count	Percent	
22	8.59%	Less than 30 minutes per visit
146	57.03%	30 - 59 minutes per visit
74	28.91%	60 - 89 minutes per visit
14	5.47%	90 minutes or longer per visit
256		Respondents

Q13. How often do you participate in the following on-campus activities, programs, and/or services? - Intramural sports

Count	Percent	
0	0.00%	5 or more times per week
0	0.00%	3 - 4 times per week
1	0.46%	1 - 2 times per week
1	0.46%	1 - 2 times per month
1	0.46%	1 - 2 times per semester/quarter
216	98.63%	Never
219		Respondents

Q14. How often do you participate in the following on-campus activities, programs, and/or services? - Sport clubs

Count	Percent	
0	0.00%	5 or more times per week
0	0.00%	3 - 4 times per week
0	0.00%	1 - 2 times per week
1	0.46%	1 - 2 times per month
2	0.92%	1 - 2 times per semester/quarter
214	98.62%	Never
217		Respondents

Q15. How often do you participate in the following on-campus activities, programs, and/or services? - Aquatics/pool

Count	Percent	
1	0.47%	5 or more times per week
4	1.86%	3 - 4 times per week
8	3.72%	1 - 2 times per week
18	8.37%	1 - 2 times per month
38	17.67%	1 - 2 times per semester/quarter
146	67.91%	Never
215		Respondents

Q16. How often do you participate in the following on-campus activities, programs, and/or services? - Instructor-led group fitness or exercise classes

Count	Percent	
5	2.19%	5 or more times per week
9	3.95%	3 - 4 times per week
32	14.04%	1 - 2 times per week
10	4.39%	1 - 2 times per month
37	16.23%	1 - 2 times per semester/quarter
135	59.21%	Never
228		Respondents

Q17. How often do you participate in the following on-campus activities, programs, and/or services? - Weight training/lifting free weights

Count	Percent	
11	4.70%	5 or more times per week
38	16.24%	3 - 4 times per week
66	28.21%	1 - 2 times per week
34	14.53%	1 - 2 times per month
33	14.10%	1 - 2 times per semester/quarter
52	22.22%	Never
234		Respondents

Q18. How often do you participate in the following on-campus activities, programs, and/or services? - Cardio-vascular training (e.g., treadmill, elliptical, stationary bike)

Count	Percent	
15	6.25%	5 or more times per week
53	22.08%	3 - 4 times per week
69	28.75%	1 - 2 times per week
43	17.92%	1 - 2 times per month
27	11.25%	1 - 2 times per semester/quarter
33	13.75%	Never
240		Respondents

Q19. How often do you participate in the following on-campus activities, programs, and/or services? - Open recreation (e.g., pick-up basketball, volleyball, soccer)

Count	Percent	
1	0.46%	5 or more times per week
1	0.46%	3 - 4 times per week
9	4.13%	1 - 2 times per week
5	2.29%	1 - 2 times per month
8	3.67%	1 - 2 times per semester/quarter
194	88.99%	Never
218		Respondents

Q20. How often do you participate in the following on-campus activities, programs, and/or services? - Racquet sports (e.g., racquetball, squash, badminton, tennis)

Count	Percent	
0	0.00%	5 or more times per week
3	1.38%	3 - 4 times per week
6	2.75%	1 - 2 times per week
5	2.29%	1 - 2 times per month
16	7.34%	1 - 2 times per semester/quarter
188	86.24%	Never
218		Respondents

Q21. How often do you participate in the following on-campus activities, programs, and/or services? - Outdoor adventure activities and/or trips

Count	Percent	
0	0.00%	5 or more times per week
0	0.00%	3 - 4 times per week
1	0.46%	1 - 2 times per week
2	0.92%	1 - 2 times per month
11	5.05%	1 - 2 times per semester/quarter
204	93.58%	Never
218		Respondents

Q22. How often do you participate in the following on-campus activities, programs, and/or services? - Personal training

Count	Percent	
1	0.46%	5 or more times per week
1	0.46%	3 - 4 times per week
7	3.20%	1 - 2 times per week
5	2.28%	1 - 2 times per month
18	8.22%	1 - 2 times per semester/quarter
187	85.39%	Never
219		Respondents

Q23. How often do you participate in the following on-campus activities, programs, and/or services? - Fitness assessments or testing

Count	Percent	
0	0.00%	5 or more times per week
0	0.00%	3 - 4 times per week
1	0.46%	1 - 2 times per week
1	0.46%	1 - 2 times per month
19	8.76%	1 - 2 times per semester/quarter
196	90.32%	Never
217		Respondents

Q24. How often do you participate in the following on-campus activities, programs, and/or services? - Classes (e.g., safety classes, non-credit recreation, for credit recreation)

Count	Percent	
0	0.00%	5 or more times per week
0	0.00%	3 - 4 times per week
2	0.91%	1 - 2 times per week
1	0.46%	1 - 2 times per month
13	5.94%	1 - 2 times per semester/quarter
203	92.69%	Never
219		Respondents

Q25. How often do you participate in the following on-campus activities, programs, and/or services? - Wellness programs

Count	Percent	
2	0.90%	5 or more times per week
2	0.90%	3 - 4 times per week
8	3.59%	1 - 2 times per week
11	4.93%	1 - 2 times per month
43	19.28%	1 - 2 times per semester/quarter
157	70.40%	Never
223		Respondents

Q26. Please indicate which times of the day are you most likely to utilize facilities: - During the week (Monday - Friday)

Count	Percent	
62	24.31%	Early morning (before 8 a.m.)
21	8.24%	Morning (8 a.m. - 11 a.m.)
78	30.59%	Mid-day (11 a.m. - 2 p.m.)
21	8.24%	Afternoon (2 p.m. - 5 p.m.)
54	21.18%	Early evening (5 p.m. - 8 p.m.)
14	5.49%	Late evening (after 8 p.m.)
5	1.96%	Never
255		Respondents

Q27. Please indicate which times of the day are you most likely to utilize facilities: - On the weekend (Saturday - Sunday)

Count	Percent	
9	4.04%	Early morning (before 8 a.m.)
64	28.70%	Morning (8 a.m. - 11 a.m.)
30	13.45%	Mid-day (11 a.m. - 2 p.m.)
33	14.80%	Afternoon (2 p.m. - 5 p.m.)
8	3.59%	Early evening (5 p.m. - 8 p.m.)
10	4.48%	Late evening (after 8 p.m.)
69	30.94%	Never
223		Respondents

Q28. Please indicate your level of agreement with the following statements: - Participating in Campus Recreation activities and programs has expanded my interest in staying fit and healthy.

Count	Respondent %	Response %	
86	37.07%	36.91%	Strongly agree
66	28.45%	28.33%	Somewhat agree
42	18.10%	18.03%	Neither agree nor disagree
3	1.29%	1.29%	Somewhat disagree
2	0.86%	0.86%	Strongly disagree
34	14.66%	14.59%	No basis to judge
232	Respondents		
233	Responses		

Q29. Please indicate your level of agreement with the following statements: - Campus Recreation activities and programs contribute to the quality of life at this institution.

Count	Respondent %	Response %	
154	64.98%	64.71%	Strongly agree
52	21.94%	21.85%	Somewhat agree
12	5.06%	5.04%	Neither agree nor disagree
1	0.42%	0.42%	Somewhat disagree
2	0.84%	0.84%	Strongly disagree
17	7.17%	7.14%	No basis to judge
237	Respondents		
238	Responses		

Q30. Please indicate your level of agreement with the following statements: - Campus Recreation offers "something for everyone."

Count	Respondent %	Response %	
118	50.43%	50.21%	Strongly agree
80	34.19%	34.04%	Somewhat agree
14	5.98%	5.96%	Neither agree nor disagree
4	1.71%	1.70%	Somewhat disagree
1	0.43%	0.43%	Strongly disagree
18	7.69%	7.66%	No basis to judge
234	Respondents		
235	Responses		

Q31. Please indicate your level of agreement with the following statements: - My recreational needs are met by Campus Recreation.

Count	Respondent %	Response %	
118	49.79%	49.58%	Strongly agree
76	32.07%	31.93%	Somewhat agree
17	7.17%	7.14%	Neither agree nor disagree
10	4.22%	4.20%	Somewhat disagree
8	3.38%	3.36%	Strongly disagree
9	3.80%	3.78%	No basis to judge
237	Respondents		
238	Responses		

Q32. Please indicate your level of agreement with the following statements: - I enjoy participating in Campus Recreation activities and/or utilizing facilities.

Count	Respondent %	Response %	
147	62.29%	62.03%	Strongly agree

Q32. Please indicate your level of agreement with the following statements: - I enjoy participating in Campus Recreation activities and/or utilizing facilities.

Count	Respondent %	Response %	
63	26.69%	26.58%	Somewhat agree
12	5.08%	5.06%	Neither agree nor disagree
0	0.00%	0.00%	Somewhat disagree
2	0.85%	0.84%	Strongly disagree
13	5.51%	5.49%	No basis to judge
236	Respondents		
237	Responses		

Q33. Please indicate your level of agreement with the following statements: - Participation in recreational activities has provided me with skills/abilities that I will use after college.

Count	Percent	
0	0.00%	Strongly agree
0	0.00%	Somewhat agree
0	0.00%	Neither agree nor disagree
0	0.00%	Somewhat disagree
0	0.00%	Strongly disagree
0	0.00%	No basis to judge
0	Respondent	

Q34. Please indicate your level of agreement with the following statements: - Overall, I would recommend Campus Recreation facilities, programs, and services to others.

Count	Respondent %	Response %	
176	74.89%	74.58%	Strongly agree
47	20.00%	19.92%	Somewhat agree
5	2.13%	2.12%	Neither agree nor disagree
3	1.28%	1.27%	Somewhat disagree
1	0.43%	0.42%	Strongly disagree
4	1.70%	1.69%	No basis to judge
235	Respondents		
236	Responses		

Q35. From your participation in Campus Recreation, do you feel you have increased or improved your: - Self confidence

Count	Respondent %	Response %	
86	37.89%	37.72%	Definitely
85	37.44%	37.28%	Somewhat
57	25.11%	25.00%	Not at all
227	Respondents		
228	Responses		

Q36. From your participation in Campus Recreation, do you feel you have increased or improved your: - Sense of adventure

Count	Respondent %	Response %	
25	11.16%	11.11%	Definitely
92	41.07%	40.89%	Somewhat
108	48.21%	48.00%	Not at all
224	Respondents		
225	Responses		

Q37. From your participation in Campus Recreation, do you feel you have increased or improved your: - Athletic ability

Count	Respondent %	Response %	
88	38.60%	38.43%	Definitely
112	49.12%	48.91%	Somewhat
29	12.72%	12.66%	Not at all
228	Respondents		
229	Responses		

Q38. From your participation in Campus Recreation, do you feel you have increased or improved your: - Concentration

Count	Respondent %	Response %	
52	23.32%	23.21%	Definitely
105	47.09%	46.88%	Somewhat
67	30.04%	29.91%	Not at all
223	Respondents		
224	Responses		

Q39. From your participation in Campus Recreation, do you feel you have increased or improved your: - Fitness level

Count	Respondent %	Response %	
117	50.65%	50.43%	Definitely
105	45.45%	45.26%	Somewhat
10	4.33%	4.31%	Not at all
231	Respondents		
232	Responses		

Q40. From your participation in Campus Recreation, do you feel you have increased or improved your: - Respect for others

Count	Respondent %	Response %	
53	23.87%	23.77%	Definitely
79	35.59%	35.43%	Somewhat
91	40.99%	40.81%	Not at all
222	Respondents		
223	Responses		

Q41. From your participation in Campus Recreation, do you feel you have increased or improved your: - Multicultural awareness

Count	Respondent %	Response %	
35	15.70%	15.63%	Definitely
72	32.29%	32.14%	Somewhat
117	52.47%	52.23%	Not at all
223	Respondents		
224	Responses		

Q42. From your participation in Campus Recreation, do you feel you have increased or improved your: - Sense of belonging/association

Count	Respondent %	Response %	
53	23.66%	23.56%	Definitely
91	40.63%	40.44%	Somewhat
81	36.16%	36.00%	Not at all
224	Respondents		
225	Responses		

Q43. From your participation in Campus Recreation, do you feel you have increased or improved your: - Communication skills

Count	Respondent %	Response %	
22	10.00%	9.95%	Definitely
69	31.36%	31.22%	Somewhat
130	59.09%	58.82%	Not at all
220	Respondents		
221	Responses		

Q44. From your participation in Campus Recreation, do you feel you have increased or improved your: - Balance/coordination

Count	Respondent %	Response %	
84	36.84%	36.68%	Definitely
105	46.05%	45.85%	Somewhat
40	17.54%	17.47%	Not at all
228	Respondents		
229	Responses		

Q45. From your participation in Campus Recreation, do you feel you have increased or improved your: - Physical strength

Count	Respondent %	Response %	
111	48.47%	48.26%	Definitely
104	45.41%	45.22%	Somewhat
15	6.55%	6.52%	Not at all
229	Respondents		
230	Responses		

Q46. From your participation in Campus Recreation, do you feel you have increased or improved your: - Problem solving skills

Count	Respondent %	Response %	
20	9.01%	8.97%	Definitely
71	31.98%	31.84%	Somewhat
132	59.46%	59.19%	Not at all
222	Respondents		

Q46. From your participation in Campus Recreation, do you feel you have increased or improved your: - Problem solving skills

Count	Respondent %	Response %
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223	Responses
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Q47. From your participation in Campus Recreation, do you feel you have increased or improved your: - Feeling of well-being

Count	Respondent %	Response %
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127	54.98%	54.74%	Definitely
93	40.26%	40.09%	Somewhat
12	5.19%	5.17%	Not at all

231	Respondents
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232	Responses
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Q48. From your participation in Campus Recreation, do you feel you have increased or improved your: - Time management skills

Count	Respondent %	Response %
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46	20.54%	20.44%	Definitely
92	41.07%	40.89%	Somewhat
87	38.84%	38.67%	Not at all

224	Respondents
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225	Responses
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Q49. From your participation in Campus Recreation, do you feel you have increased or improved your: - Group cooperation skills

Count	Respondent %	Response %
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29	13.00%	12.95%	Definitely
63	28.25%	28.13%	Somewhat
132	59.19%	58.93%	Not at all

223	Respondents
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224	Responses
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Q50. From your participation in Campus Recreation, do you feel you have increased or improved your: - Ability to get a good night's sleep

Count	Respondent %	Response %
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72	31.30%	31.17%	Definitely
113	49.13%	48.92%	Somewhat
46	20.00%	19.91%	Not at all

230	Respondents
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231	Responses
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Q51. From your participation in Campus Recreation, do you feel you have increased or improved your: - Leadership skills

Count	Respondent %	Response %
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23	10.31%	10.27%	Definitely
47	21.08%	20.98%	Somewhat
154	69.06%	68.75%	Not at all

223	Respondents
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224	Responses
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Q52. From your participation in Campus Recreation, do you feel you have increased or improved your: - Ability to multi-task

Count	Respondent %	Response %	
26	11.56%	11.50%	Definitely
80	35.56%	35.40%	Somewhat
120	53.33%	53.10%	Not at all
225	Respondents		
226	Responses		

Q53. From your participation in Campus Recreation, do you feel you have increased or improved your: - Stress management

Count	Respondent %	Response %	
101	44.10%	43.91%	Definitely
97	42.36%	42.17%	Somewhat
32	13.97%	13.91%	Not at all
229	Respondents		
230	Responses		

Q54. From your participation in Campus Recreation, do you feel you have increased or improved your: - Ability to develop friendships

Count	Respondent %	Response %	
46	20.09%	20.00%	Definitely
82	35.81%	35.65%	Somewhat
102	44.54%	44.35%	Not at all
229	Respondents		
230	Responses		

Q55. From your participation in Campus Recreation, do you feel you have increased or improved your: - Weight control

Count	Respondent %	Response %	
80	35.09%	34.93%	Definitely
121	53.07%	52.84%	Somewhat
28	12.28%	12.23%	Not at all
228	Respondents		
229	Responses		

Q56. From your participation in Campus Recreation, do you feel you have increased or improved your: - Overall health

Count	Respondent %	Response %	
130	55.79%	55.56%	Definitely
96	41.20%	41.03%	Somewhat
8	3.43%	3.42%	Not at all
233	Respondents		
234	Responses		

Q59. Which of the following factors, if any, impede your use of campus recreation facilities, programs, and/or services? (Check all that apply)

Count	Respondent %	Response %	
30	11.07%	4.40%	Was not aware of offerings
18	6.64%	2.64%	Do not like to exercise
38	14.02%	5.57%	Injury or disability
14	5.17%	2.05%	Price/not affordable
131	48.34%	19.21%	No time

Q59. Which of the following factors, if any, impede your use of campus recreation facilities, programs, and/or services? (Check all that apply)

Count	Respondent %	Response %	
23	8.49%	3.37%	Child care was not available
61	22.51%	8.94%	Programs not offered at convenient times
110	40.59%	16.13%	Parking was a problem
5	1.85%	0.73%	Facilities are too spread out around campus
5	1.85%	0.73%	Facilities do not have the right equipment
67	24.72%	9.82%	Facilities are too crowded
16	5.90%	2.35%	Lack of privacy
15	5.54%	2.20%	Facilities are closed for events/activities that I do not wish to participate in
20	7.38%	2.93%	Hours of operation are not convenient
2	0.74%	0.29%	Lack of quality facilities
5	1.85%	0.73%	Facilities are too outdated
26	9.59%	3.81%	Do not know how to use the equipment
45	16.61%	6.60%	I use facilities off campus.
15	5.54%	2.20%	Other (please specify)
36	13.28%	5.28%	None of the above
271	Respondents		
682	Responses		

Q60. Which of the following other recreational facilities do you currently use? (Check all that apply)

Count	Respondent %	Response %	
58	21.64%	12.50%	Local health clubs
27	10.07%	5.82%	Facilities at your place of residence
69	25.75%	14.87%	Community parks and recreational facilities
88	32.84%	18.97%	Home equipment
162	60.45%	34.91%	Outdoor (e.g., run, bike)
22	8.21%	4.74%	Other (please specify)
38	14.18%	8.19%	None of the above
268	Respondents		
464	Responses		

Q61. If you have a membership at a local health club or other public facility, what are your monthly dues?

Count	Percent	
12	4.53%	\$0
29	10.94%	\$1 - \$24 per month
17	6.42%	\$25 - \$49 per month
9	3.40%	\$50 - \$74 per month
11	4.15%	\$75 - \$99 per month
7	2.64%	\$100 or more per month
180	67.92%	Not applicable
265	Respondents	

Q62. How old are you?

Count	Respondent %	Response %	
0	0.00%	0.00%	Younger than 16
0	0.00%	0.00%	16
0	0.00%	0.00%	17
0	0.00%	0.00%	18
0	0.00%	0.00%	19
0	0.00%	0.00%	20
0	0.00%	0.00%	21
0	0.00%	0.00%	22
2	0.82%	0.82%	23
4	1.64%	1.63%	24
5	2.05%	2.04%	25
3	1.23%	1.22%	26
2	0.82%	0.82%	27
1	0.41%	0.41%	28
4	1.64%	1.63%	29
4	1.64%	1.63%	30
3	1.23%	1.22%	31
5	2.05%	2.04%	32
13	5.33%	5.31%	33
3	1.23%	1.22%	34
8	3.28%	3.27%	35
7	2.87%	2.86%	36
4	1.64%	1.63%	37
5	2.05%	2.04%	38
5	2.05%	2.04%	39
4	1.64%	1.63%	40
2	0.82%	0.82%	41
3	1.23%	1.22%	42
5	2.05%	2.04%	43
3	1.23%	1.22%	44
10	4.10%	4.08%	45
4	1.64%	1.63%	46
2	0.82%	0.82%	47
5	2.05%	2.04%	48
3	1.23%	1.22%	49
11	4.51%	4.49%	50
4	1.64%	1.63%	51
10	4.10%	4.08%	52
6	2.46%	2.45%	53
8	3.28%	3.27%	54
9	3.69%	3.67%	55
6	2.46%	2.45%	56
8	3.28%	3.27%	57
7	2.87%	2.86%	58
1	0.41%	0.41%	59
3	1.23%	1.22%	60
9	3.69%	3.67%	61
9	3.69%	3.67%	62
3	1.23%	1.22%	63
6	2.46%	2.45%	64
26	10.66%	10.61%	65+
244	Respondents		
245	Responses		

Q68. With which categories do you identify? (select all that apply)			
Count	Respondent %	Response %	
1	0.38%	0.37%	Genderqueer or Non-Binary
100	37.74%	37.31%	Man
0	0.00%	0.00%	Transgender
157	59.25%	58.58%	Woman
1	0.38%	0.37%	Prefer to Self-Describe:
0	0.00%	0.00%	Unsure
9	3.40%	3.36%	Prefer Not to Answer
265	Respondents		
268	Responses		

Q69. With which categories do you identify? (select all that apply)			
Count	Respondent %	Response %	
9	3.41%	3.26%	African-American or Black
3	1.14%	1.09%	American Indian, Alaska Native, Indigenous, or First Nations
3	1.14%	1.09%	Arab or Middle Eastern
10	3.79%	3.62%	Asian or Asian American
28	10.61%	10.14%	Hispanic or Latino/a
2	0.76%	0.72%	Multiracial/Biracial
3	1.14%	1.09%	Native Hawaiian or other Pacific Islander
195	73.86%	70.65%	White or European American
3	1.14%	1.09%	Prefer to self-describe:
20	7.58%	7.25%	Prefer not to answer
264	Respondents		
276	Responses		

Q77. With which categories do you identify? (select all that apply)			
Count	Respondent %	Response %	
6	2.26%	2.25%	Asexual
7	2.64%	2.62%	Bisexual or Pansexual
2	0.75%	0.75%	Gay or Lesbian
223	84.15%	83.52%	Heterosexual/Straight
0	0.00%	0.00%	Queer
1	0.38%	0.37%	Prefer to self-describe:
1	0.38%	0.37%	Unsure
27	10.19%	10.11%	Prefer not to answer
265	Respondents		
267	Responses		

Q78. How many miles do you live from the on-campus Recreation Center?			
Count	Respondent %	Response %	
18	6.77%	6.72%	Less than 1 mile
86	32.33%	32.09%	1 - 5 miles
55	20.68%	20.52%	6 - 10 miles
40	15.04%	14.93%	11 - 15 miles
32	12.03%	11.94%	16 - 20 miles
37	13.91%	13.81%	More than 20 miles
266	Respondents		
268	Responses		

Q83. Are you currently employed by the Campus Recreation department?			
Count	Respondent %	Response %	
258	97.73%	96.99%	No
5	1.89%	1.88%	Yes, I am currently employed by the Campus Recreation department.

Q83. Are you currently employed by the Campus Recreation department?

Count	Respondent %	Response %	
3	1.14%	1.13%	I am not currently employed by the Campus Recreation department, but have been in the past.
264	Respondents		
266	Responses		

Q85. Have you ever been enlisted in any branch of the US military (active duty, veteran, national guard, or reserves)?

Count	Respondent %	Response %	
16	6.06%	6.02%	Yes
250	94.70%	93.98%	No
264	Respondents		
266	Responses		

Q88. Are you willing to answer additional survey questions about your satisfaction with Campus Recreation facilities, services, and programs?

Count	Respondent %	Response %	
191	71.54%	71.00%	Yes
78	29.21%	29.00%	No
267	Respondents		
269	Responses		

Q89. Please indicate your level of agreement with the following statements about recreation staff members: - Professional staff members are friendly.

Count	Percent	
95	60.51%	Strongly agree
51	32.48%	Somewhat agree
6	3.82%	Neither agree nor disagree
2	1.27%	Somewhat disagree
0	0.00%	Strongly disagree
3	1.91%	No basis to judge
157	Respondents	

Q90. Please indicate your level of agreement with the following statements about recreation staff members: - Professional staff members are knowledgeable.

Count	Percent	
78	50.00%	Strongly agree
53	33.97%	Somewhat agree
17	10.90%	Neither agree nor disagree
2	1.28%	Somewhat disagree
0	0.00%	Strongly disagree
6	3.85%	No basis to judge
156	Respondents	

Q91. Please indicate your level of agreement with the following statements about recreation staff members: - Professional staff members are available to answer questions.

Count	Percent	
76	48.41%	Strongly agree
51	32.48%	Somewhat agree
19	12.10%	Neither agree nor disagree
5	3.18%	Somewhat disagree
0	0.00%	Strongly disagree
6	3.82%	No basis to judge
157	Respondents	

Q92. Please indicate your level of agreement with the following statements: - Recreation facilities are clean.

Count	Percent	
106	67.52%	Strongly agree
45	28.66%	Somewhat agree
1	0.64%	Neither agree nor disagree
4	2.55%	Somewhat disagree
0	0.00%	Strongly disagree
1	0.64%	No basis to judge
157	Respondents	

Q93. Please indicate your level of agreement with the following statements: - Recreation facilities provide a safe environment.

Count	Percent	
117	75.48%	Strongly agree
32	20.65%	Somewhat agree
4	2.58%	Neither agree nor disagree
1	0.65%	Somewhat disagree
0	0.00%	Strongly disagree
1	0.65%	No basis to judge
155	Respondents	

Q94. Please indicate your level of agreement with the following statements: - Recreation facilities are well-maintained to encourage participation (e.g., temperature, ventilation).

Count	Percent	
103	66.88%	Strongly agree
42	27.27%	Somewhat agree
2	1.30%	Neither agree nor disagree
5	3.25%	Somewhat disagree
1	0.65%	Strongly disagree
1	0.65%	No basis to judge
154	Respondents	

Q95. Please indicate your level of agreement with the following statements: - Fitness equipment is clean.

Count	Percent	
99	63.06%	Strongly agree
40	25.48%	Somewhat agree
7	4.46%	Neither agree nor disagree
4	2.55%	Somewhat disagree
1	0.64%	Strongly disagree
6	3.82%	No basis to judge
157	Respondents	

Q96. Please indicate your level of agreement with the following statements: - Fitness equipment is well-maintained.

Count	Percent	
89	58.17%	Strongly agree
46	30.07%	Somewhat agree

Q96. Please indicate your level of agreement with the following statements: - Fitness equipment is well-maintained.

Count	Percent	
7	4.58%	Neither agree nor disagree
5	3.27%	Somewhat disagree
0	0.00%	Strongly disagree
6	3.92%	No basis to judge
153		Respondents

Q97. Please indicate your level of agreement with the following statements: - Fitness equipment is available when I want to use it.

Count	Percent	
56	35.67%	Strongly agree
52	33.12%	Somewhat agree
20	12.74%	Neither agree nor disagree
17	10.83%	Somewhat disagree
5	3.18%	Strongly disagree
7	4.46%	No basis to judge
157		Respondents

Q98. Please indicate your level of satisfaction with the following: - Number of weight machines

Count	Percent	
64	41.03%	Very satisfied
43	27.56%	Somewhat satisfied
13	8.33%	Neither satisfied nor dissatisfied
8	5.13%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
28	17.95%	No basis to judge
156		Respondents

Q99. Please indicate your level of satisfaction with the following: - Number of free weights

Count	Percent	
64	40.76%	Very satisfied
39	24.84%	Somewhat satisfied
11	7.01%	Neither satisfied nor dissatisfied
8	5.10%	Somewhat dissatisfied
2	1.27%	Very dissatisfied
33	21.02%	No basis to judge
157		Respondents

Q100. Please indicate your level of satisfaction with the following: - Number of cardio machines

Count	Percent	
60	38.71%	Very satisfied
42	27.10%	Somewhat satisfied
15	9.68%	Neither satisfied nor dissatisfied
19	12.26%	Somewhat dissatisfied
3	1.94%	Very dissatisfied
16	10.32%	No basis to judge
155		Respondents

Q101. Please indicate your level of satisfaction with the following: - Adequate stretching areas

Count	Percent	
53	33.97%	Very satisfied
38	24.36%	Somewhat satisfied
20	12.82%	Neither satisfied nor dissatisfied
23	14.74%	Somewhat dissatisfied
4	2.56%	Very dissatisfied

Q101. Please indicate your level of satisfaction with the following: - Adequate stretching areas

Count	Percent	
18	11.54%	No basis to judge
156		Respondents

Q102. Please indicate your level of satisfaction with the following: - Cleanliness of locker rooms

Count	Percent	
72	46.75%	Very satisfied
43	27.92%	Somewhat satisfied
9	5.84%	Neither satisfied nor dissatisfied
8	5.19%	Somewhat dissatisfied
5	3.25%	Very dissatisfied
17	11.04%	No basis to judge
154		Respondents

Q103. Please indicate your level of satisfaction with the following: - Availability of facilities (e.g., gym, fields, courts) for free play and open recreation

Count	Percent	
38	24.36%	Very satisfied
31	19.87%	Somewhat satisfied
18	11.54%	Neither satisfied nor dissatisfied
2	1.28%	Somewhat dissatisfied
1	0.64%	Very dissatisfied
66	42.31%	No basis to judge
156		Respondents

Q104. Please indicate your level of satisfaction with the following: - Location of campus recreation facilities

Count	Percent	
84	53.50%	Very satisfied
40	25.48%	Somewhat satisfied
19	12.10%	Neither satisfied nor dissatisfied
3	1.91%	Somewhat dissatisfied
3	1.91%	Very dissatisfied
8	5.10%	No basis to judge
157		Respondents

Q105. Please indicate your level of satisfaction with the following: - Amount of indoor recreation space on campus

Count	Percent	
62	40.00%	Very satisfied
40	25.81%	Somewhat satisfied
19	12.26%	Neither satisfied nor dissatisfied
9	5.81%	Somewhat dissatisfied
1	0.65%	Very dissatisfied
24	15.48%	No basis to judge
155		Respondents

Q106. Please indicate your level of satisfaction with the following: - Amount of outdoor recreation space on campus

Count	Percent	
41	26.45%	Very satisfied
33	21.29%	Somewhat satisfied
18	11.61%	Neither satisfied nor dissatisfied
5	3.23%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
58	37.42%	No basis to judge
155		Respondents

**Q107. Please rate your level of satisfaction on-campus recreational facilities hours of operation:
- Hours of operation during the week (Monday - Friday).**

Count	Percent	
109	69.87%	Very satisfied
30	19.23%	Somewhat satisfied
8	5.13%	Neither satisfied nor dissatisfied
5	3.21%	Somewhat dissatisfied
1	0.64%	Very dissatisfied
3	1.92%	No basis to judge
156		Respondents

**Q108. Please rate your level of satisfaction on-campus recreational facilities hours of operation:
- Hours of operation during the weekend (Saturday - Sunday).**

Count	Percent	
79	50.32%	Very satisfied
37	23.57%	Somewhat satisfied
10	6.37%	Neither satisfied nor dissatisfied
4	2.55%	Somewhat dissatisfied
4	2.55%	Very dissatisfied
23	14.65%	No basis to judge
157		Respondents

Q109. Comments about the hours of operation, facilities, or equipment:

Count	Percent
55	100.00%
55	Respondents

Q110. Aquatics

Please rate your level of satisfaction with the following: - Hours of operation of the pool

Count	Percent	
12	26.09%	Very satisfied
17	36.96%	Somewhat satisfied
5	10.87%	Neither satisfied nor dissatisfied
8	17.39%	Somewhat dissatisfied
3	6.52%	Very dissatisfied
1	2.17%	No basis to judge
46		Respondents

Q111. Aquatics

Please rate your level of satisfaction with the following: - Aquatics classes

Count	Percent	
3	6.52%	Very satisfied
3	6.52%	Somewhat satisfied
6	13.04%	Neither satisfied nor dissatisfied
2	4.35%	Somewhat dissatisfied
4	8.70%	Very dissatisfied
28	60.87%	No basis to judge
46		Respondents

Q112. Aquatics

Please rate your level of satisfaction with the following: - Cleanliness of the pool

Count	Percent	
23	50.00%	Very satisfied
13	28.26%	Somewhat satisfied

Q112. Aquatics**Please rate your level of satisfaction with the following: - Cleanliness of the pool**

Count	Percent	
2	4.35%	Neither satisfied nor dissatisfied
5	10.87%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
3	6.52%	No basis to judge
46		Respondents

Q113. Aquatics**Please rate your level of satisfaction with the following: - Availability of pool for different types of aquatics (free swim versus lap swim)**

Count	Percent	
14	30.43%	Very satisfied
10	21.74%	Somewhat satisfied
9	19.57%	Neither satisfied nor dissatisfied
5	10.87%	Somewhat dissatisfied
3	6.52%	Very dissatisfied
5	10.87%	No basis to judge
46		Respondents

Q114. Aquatics**Please rate your level of satisfaction with the following: - Lifeguards/Other aquatics staff**

Count	Percent	
22	47.83%	Very satisfied
14	30.43%	Somewhat satisfied
7	15.22%	Neither satisfied nor dissatisfied
1	2.17%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
2	4.35%	No basis to judge
46		Respondents

Q115. Group Fitness Classes (Instructor-led)**Please rate your level of satisfaction with the following: - Number of group fitness classes**

Count	Percent	
17	28.33%	Very satisfied
20	33.33%	Somewhat satisfied
8	13.33%	Neither satisfied nor dissatisfied
8	13.33%	Somewhat dissatisfied
1	1.67%	Very dissatisfied
6	10.00%	No basis to judge
60		Respondents

Q116. Group Fitness Classes (Instructor-led)**Please rate your level of satisfaction with the following: - Variety of group fitness classes**

Count	Percent	
15	25.00%	Very satisfied
20	33.33%	Somewhat satisfied
9	15.00%	Neither satisfied nor dissatisfied
9	15.00%	Somewhat dissatisfied
1	1.67%	Very dissatisfied
6	10.00%	No basis to judge
60		Respondents

Q117. Group Fitness Classes (Instructor-led)**Please rate your level of satisfaction with the following: - Days and times of group fitness classes**

Count	Percent	
9	15.00%	Very satisfied
14	23.33%	Somewhat satisfied
12	20.00%	Neither satisfied nor dissatisfied
16	26.67%	Somewhat dissatisfied
3	5.00%	Very dissatisfied
6	10.00%	No basis to judge
60		Respondents

Q118. Group Fitness Classes (Instructor-led)**Please rate your level of satisfaction with the following: - Fitness class instructors**

Count	Percent	
32	53.33%	Very satisfied
12	20.00%	Somewhat satisfied
7	11.67%	Neither satisfied nor dissatisfied
1	1.67%	Somewhat dissatisfied
1	1.67%	Very dissatisfied
7	11.67%	No basis to judge
60		Respondents

Q125. Wellness/Fitness Centers**Please rate your level of satisfaction with the following: - Wellness facilities**

Count	Percent	
16	34.78%	Very satisfied
17	36.96%	Somewhat satisfied
3	6.52%	Neither satisfied nor dissatisfied
2	4.35%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
8	17.39%	No basis to judge
46		Respondents

Q126. Wellness/Fitness Centers**Please rate your level of satisfaction with the following: - Fitness assessments**

Count	Percent	
2	18.18%	Very satisfied
3	27.27%	Somewhat satisfied
1	9.09%	Neither satisfied nor dissatisfied
1	9.09%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
4	36.36%	No basis to judge
11		Respondents

Q127. Wellness/Fitness Centers**Please rate your level of satisfaction with the following: - Personal training**

Count	Percent	
8	34.78%	Very satisfied
7	30.43%	Somewhat satisfied
4	17.39%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
1	4.35%	Very dissatisfied
3	13.04%	No basis to judge
23		Respondents

Q128. Comments about any recreational activities, programs, or services you participate in:

Count	Percent	
43	100.00%	
43		Respondents

Q129. How do you learn about what is happening in the Recreation department? (Check all that apply)

Count	Respondent %	Response %	
100	56.18%	36.23%	College/university web page
37	20.79%	13.41%	Posters/flyers
7	3.93%	2.54%	Brochures
45	25.28%	16.30%	Word of mouth
2	1.12%	0.72%	Newspaper
18	10.11%	6.52%	Direct mailings
12	6.74%	4.35%	Social networking site (e.g., Facebook, Twitter, Friendster)
46	25.84%	16.67%	Other (please specify)
9	5.06%	3.26%	Not applicable
178	Respondents		
276	Responses		

Q130. Please rate your level of agreement with the following statements. - Recreational activities and services are effectively promoted.

Count	Percent	
35	19.55%	Strongly agree
71	39.66%	Somewhat agree
29	16.20%	Neither agree nor disagree
22	12.29%	Somewhat disagree
5	2.79%	Strongly disagree
17	9.50%	No basis to judge
179	Respondents	

Q131. Please rate your level of agreement with the following statements. - The recreation publications - flyers, poster, and brochures - effectively promote activities and services.

Count	Percent	
39	21.91%	Strongly agree
63	35.39%	Somewhat agree
34	19.10%	Neither agree nor disagree
14	7.87%	Somewhat disagree
8	4.49%	Strongly disagree
20	11.24%	No basis to judge
178	Respondents	

Q132. If you were improving/expanding recreation facilities, which of the following would be important to you? (Check all that apply)

Count	Respondent %	Response %	Response
9	4.97%	1.64%	Multi-purpose courts (gymnasiums)
52	28.73%	9.45%	Additional strength equipment (weights)
77	42.54%	14.00%	Additional cardio equipment
6	3.31%	1.09%	Additional racquetball courts
10	5.52%	1.82%	Additional tennis courts
36	19.89%	6.55%	Additional aquatic offerings
3	1.66%	0.55%	Additional fields
49	27.07%	8.91%	Additional open and/or park space
41	22.65%	7.45%	Personal training
44	24.31%	8.00%	Multi-purpose rooms for group fitness and other classes
59	32.60%	10.73%	Mind/body offerings
22	12.15%	4.00%	Indoor track
34	18.78%	6.18%	Adding child care facilities
8	4.42%	1.45%	Adding a social lounge area
16	8.84%	2.91%	Adding a juice bar or food service area
19	10.50%	3.45%	Ropes course
19	10.50%	3.45%	Expand outdoor or seasonal activities
8	4.42%	1.45%	Climbing wall
4	2.21%	0.73%	Skate park
22	12.15%	4.00%	Other (please specify)
12	6.63%	2.18%	None of the above
181	Respondents		
550	Responses		

Q133. What additional recreational offerings (not listed above) would you like to see that are not currently available on campus?

Count	Percent
52	100.00%
52	Respondents

Q134. What changes could be made to the recreation program that would increase your likelihood of utilizing on-campus recreational facilities, programs, and/or services?

Count	Percent
63	100.00%
63	Respondents

Q135. Which best describes how often you visit the recreation web page?

Count	Percent	Response
5	2.75%	5 or more times a week
7	3.85%	3 - 4 times per week
33	18.13%	1 - 2 times per week
51	28.02%	1 - 2 times per month
56	30.77%	1 - 2 times per semester
30	16.48%	Never
182	Respondents	

Q136. What do you use the recreation web page for?

Count	Respondent %	Response %	Response
111	73.51%	37.00%	Check hours when facilities are open
68	45.03%	22.67%	Find information about activities, programs, and services
65	43.05%	21.67%	Check schedule of events

Q136. What do you use the recreation web page for?			
Count	Respondent %	Response %	
37	24.50%	12.33%	Register for events and activities
15	9.93%	5.00%	Staff information
0	0.00%	0.00%	Apply for employment
4	2.65%	1.33%	Other (please specify)
151	Respondents		
300	Responses		

Q137. Were you able to find the information that you were looking for on the recreation web page?		
Count	Percent	
144	96.64%	Yes
5	3.36%	No
149	Respondents	

Q138. Please explain what information you were looking for that you could not find.	
Count	Percent
5	100.00%
5	Respondents