

Texas Christian University

# Campus Recreation & Wellness Benchmarking Survey

Students

Office of Quality Enhancement  
Spring 2020

**Q1. Which best describes you?**

Count	Percent	
711	100.00%	Student
0	0.00%	Faculty
0	0.00%	Staff
0	0.00%	Alumni
0	0.00%	Community member
711		Respondents

**Q2. Do you utilize any of the on-campus recreation facilities, programs, or services?**

Count	Percent	
623	87.62%	Yes
88	12.38%	No
711		Respondents

**Q3. Please answer the following questions. - When deciding to attend this college, how important were Campus Recreation facilities in your decision?**

Count	Percent	
93	14.26%	Very important
231	35.43%	Moderately important
216	33.13%	Slightly important
112	17.18%	Not at all important
652		Respondents

**Q4. Please answer the following questions. - When deciding to attend this college, how important were Campus Recreation programs (e.g., intramural sports, sport clubs, fitness) in your decision?**

Count	Percent	
74	11.37%	Very important
156	23.96%	Moderately important
205	31.49%	Slightly important
216	33.18%	Not at all important
651		Respondents

**Q5. Please answer the following questions. - In deciding to continue at this college, how important are Campus Recreation facilities?**

Count	Percent	
131	20.37%	Very important
216	33.59%	Moderately important
169	26.28%	Slightly important
127	19.75%	Not at all important
643		Respondents

**Q6. Please answer the following questions. - In deciding to continue at this college, how important are Campus Recreation programs (e.g., intramural sports, sport clubs, fitness)?**

Count	Percent	
75	11.79%	Very important
150	23.58%	Moderately important
192	30.19%	Slightly important
219	34.43%	Not at all important
636		Respondents

**Q7. Please answer the following questions. - How important were recreation, sports, and/or fitness activities to you prior to enrolling at this college?**

Count	Percent	
253	39.53%	Very important
184	28.75%	Moderately important
131	20.47%	Slightly important
72	11.25%	Not at all important
640		Respondents

**Q8. Please answer the following questions. - How important will recreation, sports, and/or fitness activities be to you after you leave this college?**

Count	Percent	
253	39.04%	Very important
238	36.73%	Moderately important
119	18.36%	Slightly important
38	5.86%	Not at all important
648		Respondents

**Q9. Please answer the following questions. - How important was maintaining a healthy lifestyle to you prior to enrolling at this college?**

Count	Percent	
334	51.46%	Very important
198	30.51%	Moderately important
90	13.87%	Slightly important
27	4.16%	Not at all important
649		Respondents

**Q10. Please answer the following questions. - How important will maintaining a healthy lifestyle be to you after you leave this college?**

Count	Percent	
485	73.93%	Very important
139	21.19%	Moderately important
27	4.12%	Slightly important
5	0.76%	Not at all important
656		Respondents

**Q11. On average, how many times per week do you participate in on-campus recreational sports, programs, and/or activities?**

Count	Percent	
128	24.11%	Never
105	19.77%	1 time per week
79	14.88%	2 times per week
90	16.95%	3 times per week
54	10.17%	4 times per week
45	8.47%	5 times per week
16	3.01%	6 times per week
10	1.88%	7 times per week
4	0.75%	More than 7 times per week
531		Respondents

**Q12. On average, how many minutes do you spend utilizing the on-campus recreational facilities or participating in programs or activities?**

Count	Percent	
41	7.55%	Less than 30 minutes per visit
286	52.67%	30 - 59 minutes per visit
178	32.78%	60 - 89 minutes per visit
38	7.00%	90 minutes or longer per visit
543		Respondents

**Q13. How often do you participate in the following on-campus activities, programs, and/or services? - Intramural sports**

Count	Percent	
1	0.19%	5 or more times per week
5	0.93%	3 - 4 times per week
53	9.83%	1 - 2 times per week
36	6.68%	1 - 2 times per <b>month</b>
69	12.80%	1 - 2 times per <b>semester/quarter</b>
375	69.57%	Never
539		Respondents

**Q14. How often do you participate in the following on-campus activities, programs, and/or services? - Sport clubs**

Count	Percent	
3	0.57%	5 or more times per week
19	3.61%	3 - 4 times per week
26	4.93%	1 - 2 times per week
14	2.66%	1 - 2 times per <b>month</b>
25	4.74%	1 - 2 times per <b>semester/quarter</b>
440	83.49%	Never
527		Respondents

**Q15. How often do you participate in the following on-campus activities, programs, and/or services? - Aquatics/pool**

Count	Percent	
4	0.76%	5 or more times per week
5	0.95%	3 - 4 times per week
24	4.56%	1 - 2 times per week
32	6.08%	1 - 2 times per <b>month</b>
87	16.54%	1 - 2 times per <b>semester/quarter</b>
374	71.10%	Never
526		Respondents

**Q16. How often do you participate in the following on-campus activities, programs, and/or services? - Instructor-led group fitness or exercise classes**

Count	Percent	
9	1.74%	5 or more times per week
31	5.98%	3 - 4 times per week
23	4.44%	1 - 2 times per week
43	8.30%	1 - 2 times per <b>month</b>
91	17.57%	1 - 2 times per <b>semester/quarter</b>
321	61.97%	Never
518		Respondents

**Q17. How often do you participate in the following on-campus activities, programs, and/or services? - Weight training/lifting free weights**

Count	Percent	
63	11.84%	5 or more times per week
112	21.05%	3 - 4 times per week
127	23.87%	1 - 2 times per week
69	12.97%	1 - 2 times per <b>month</b>
48	9.02%	1 - 2 times per <b>semester/quarter</b>
113	21.24%	Never
532		Respondents

**Q18. How often do you participate in the following on-campus activities, programs, and/or services? - Cardio-vascular training (e.g., treadmill, elliptical, stationary bike)**

Count	Percent	
66	12.34%	5 or more times per week
142	26.54%	3 - 4 times per week
156	29.16%	1 - 2 times per week
78	14.58%	1 - 2 times per <b>month</b>
33	6.17%	1 - 2 times per <b>semester/quarter</b>
60	11.21%	Never
535		Respondents

**Q19. How often do you participate in the following on-campus activities, programs, and/or services? - Open recreation (e.g., pick-up basketball, volleyball, soccer)**

Count	Percent	
11	2.08%	5 or more times per week
31	5.85%	3 - 4 times per week
47	8.87%	1 - 2 times per week
62	11.70%	1 - 2 times per <b>month</b>
72	13.58%	1 - 2 times per <b>semester/quarter</b>
307	57.92%	Never
530		Respondents

**Q20. How often do you participate in the following on-campus activities, programs, and/or services? - Racquet sports (e.g., racquetball, squash, badminton, tennis)**

Count	Percent	
1	0.19%	5 or more times per week
9	1.71%	3 - 4 times per week
27	5.12%	1 - 2 times per week
38	7.21%	1 - 2 times per <b>month</b>
89	16.89%	1 - 2 times per <b>semester/quarter</b>
363	68.88%	Never
527		Respondents

**Q21. How often do you participate in the following on-campus activities, programs, and/or services? - Outdoor adventure activities and/or trips**

Count	Percent	
3	0.57%	5 or more times per week
6	1.13%	3 - 4 times per week
18	3.40%	1 - 2 times per week
10	1.89%	1 - 2 times per <b>month</b>
50	9.43%	1 - 2 times per <b>semester/quarter</b>
443	83.58%	Never
530		Respondents

**Q22. How often do you participate in the following on-campus activities, programs, and/or services? - Personal training**

Count	Percent	
6	1.14%	5 or more times per week
9	1.71%	3 - 4 times per week
22	4.18%	1 - 2 times per week
9	1.71%	1 - 2 times per <b>month</b>
11	2.09%	1 - 2 times per <b>semester/quarter</b>
469	89.16%	Never
526		Respondents

**Q23. How often do you participate in the following on-campus activities, programs, and/or services? - Fitness assessments or testing**

Count	Percent	
1	0.19%	5 or more times per week
5	0.97%	3 - 4 times per week
11	2.12%	1 - 2 times per week
11	2.12%	1 - 2 times per <b>month</b>
20	3.86%	1 - 2 times per <b>semester/quarter</b>
470	90.73%	Never
518		Respondents

**Q24. How often do you participate in the following on-campus activities, programs, and/or services? - Classes (e.g., safety classes, non-credit recreation, for credit recreation)**

Count	Percent	
4	0.76%	5 or more times per week
10	1.90%	3 - 4 times per week
19	3.61%	1 - 2 times per week
7	1.33%	1 - 2 times per <b>month</b>
33	6.27%	1 - 2 times per <b>semester/quarter</b>
453	86.12%	Never
526		Respondents

**Q25. How often do you participate in the following on-campus activities, programs, and/or services? - Wellness programs**

Count	Percent	
2	0.39%	5 or more times per week
8	1.55%	3 - 4 times per week
13	2.52%	1 - 2 times per week
21	4.08%	1 - 2 times per <b>month</b>
54	10.49%	1 - 2 times per <b>semester/quarter</b>
417	80.97%	Never
515		Respondents

**Q26. Please indicate which times of the day are you most likely to utilize facilities: - During the week (Monday - Friday)**

Count	Percent	
66	12.18%	Early morning (before 8 a.m.)
77	14.21%	Morning (8 a.m. - 11 a.m.)
53	9.78%	Mid-day (11 a.m. - 2 p.m.)
109	20.11%	Afternoon (2 p.m. - 5 p.m.)
145	26.75%	Early evening (5 p.m. - 8 p.m.)
82	15.13%	Late evening (after 8 p.m.)
10	1.85%	Never
542		Respondents

**Q27. Please indicate which times of the day are you most likely to utilize facilities: - On the weekend (Saturday - Sunday)**

Count	Percent	
16	3.01%	Early morning (before 8 a.m.)
135	25.42%	Morning (8 a.m. - 11 a.m.)
132	24.86%	Mid-day (11 a.m. - 2 p.m.)
93	17.51%	Afternoon (2 p.m. - 5 p.m.)
47	8.85%	Early evening (5 p.m. - 8 p.m.)
34	6.40%	Late evening (after 8 p.m.)
74	13.94%	Never
531		Respondents

**Q28. Please indicate your level of agreement with the following statements: - Participating in Campus Recreation activities and programs has expanded my interest in staying fit and healthy.**

Count	Percent	
155	34.99%	Strongly agree
145	32.73%	Somewhat agree
73	16.48%	Neither agree nor disagree
11	2.48%	Somewhat disagree
4	0.90%	Strongly disagree
55	12.42%	No basis to judge
443		Respondents

**Q29. Please indicate your level of agreement with the following statements: - Campus Recreation activities and programs contribute to the quality of life at this institution.**

Count	Percent	
212	48.62%	Strongly agree
152	34.86%	Somewhat agree
37	8.49%	Neither agree nor disagree
7	1.61%	Somewhat disagree
4	0.92%	Strongly disagree
24	5.50%	No basis to judge
436		Respondents

**Q30. Please indicate your level of agreement with the following statements: - Campus Recreation offers "something for everyone."**

Count	Percent	
245	56.06%	Strongly agree
136	31.12%	Somewhat agree
28	6.41%	Neither agree nor disagree
11	2.52%	Somewhat disagree
2	0.46%	Strongly disagree
15	3.43%	No basis to judge
437		Respondents

**Q31. Please indicate your level of agreement with the following statements: - My recreational needs are met by Campus Recreation.**

Count	Percent	
262	59.55%	Strongly agree
127	28.86%	Somewhat agree
30	6.82%	Neither agree nor disagree
11	2.50%	Somewhat disagree
4	0.91%	Strongly disagree
6	1.36%	No basis to judge
440		Respondents

**Q32. Please indicate your level of agreement with the following statements: - I enjoy participating in Campus Recreation activities and/or utilizing facilities.**

Count	Percent	
265	60.23%	Strongly agree
119	27.05%	Somewhat agree
31	7.05%	Neither agree nor disagree
12	2.73%	Somewhat disagree
0	0.00%	Strongly disagree
13	2.95%	No basis to judge
440		Respondents

**Q33. Please indicate your level of agreement with the following statements: - Participation in recreational activities has provided me with skills/abilities that I will use after college.**

Count	Percent	
161	36.59%	Strongly agree
115	26.14%	Somewhat agree
98	22.27%	Neither agree nor disagree
22	5.00%	Somewhat disagree
8	1.82%	Strongly disagree
36	8.18%	No basis to judge
440		Respondents

**Q34. Please indicate your level of agreement with the following statements: - Overall, I would recommend Campus Recreation facilities, programs, and services to others.**

Count	Percent	
300	67.87%	Strongly agree
115	26.02%	Somewhat agree
18	4.07%	Neither agree nor disagree
3	0.68%	Somewhat disagree
0	0.00%	Strongly disagree
6	1.36%	No basis to judge
442		Respondents

**Q35. From your participation in Campus Recreation, do you feel you have increased or improved your: - Self confidence**

Count	Percent	
193	44.16%	Definitely
201	46.00%	Somewhat
43	9.84%	Not at all
437		Respondents



**Q36. From your participation in Campus Recreation, do you feel you have increased or improved your: - Sense of adventure**

Count	Percent	
104	23.91%	Definitely
178	40.92%	Somewhat
153	35.17%	Not at all
435		Respondents

**Q37. From your participation in Campus Recreation, do you feel you have increased or improved your: - Athletic ability**

Count	Percent	
207	47.37%	Definitely
190	43.48%	Somewhat
40	9.15%	Not at all
437		Respondents

**Q38. From your participation in Campus Recreation, do you feel you have increased or improved your: - Concentration**

Count	Percent	
159	36.64%	Definitely
182	41.94%	Somewhat
93	21.43%	Not at all
434		Respondents

**Q39. From your participation in Campus Recreation, do you feel you have increased or improved your: - Fitness level**

Count	Percent	
240	55.17%	Definitely
170	39.08%	Somewhat
25	5.75%	Not at all
435		Respondents

**Q40. From your participation in Campus Recreation, do you feel you have increased or improved your: - Respect for others**

Count	Percent	
147	33.64%	Definitely
189	43.25%	Somewhat
101	23.11%	Not at all
437		Respondents

**Q41. From your participation in Campus Recreation, do you feel you have increased or improved your: - Multicultural awareness**

Count	Percent	
92	21.35%	Definitely
149	34.57%	Somewhat
190	44.08%	Not at all
431		Respondents

**Q42. From your participation in Campus Recreation, do you feel you have increased or improved your: - Sense of belonging/association**

Count	Percent	
105	24.19%	Definitely
187	43.09%	Somewhat
142	32.72%	Not at all
434		Respondents

**Q43. From your participation in Campus Recreation, do you feel you have increased or improved your: - Communication skills**

Count	Percent	
89	20.84%	Definitely
156	36.53%	Somewhat
182	42.62%	Not at all
427		Respondents

**Q44. From your participation in Campus Recreation, do you feel you have increased or improved your: - Balance/coordination**

Count	Percent	
156	36.28%	Definitely
208	48.37%	Somewhat
66	15.35%	Not at all
430		Respondents

**Q45. From your participation in Campus Recreation, do you feel you have increased or improved your: - Physical strength**

Count	Percent	
245	56.32%	Definitely
159	36.55%	Somewhat
31	7.13%	Not at all
435		Respondents

**Q46. From your participation in Campus Recreation, do you feel you have increased or improved your: - Problem solving skills**

Count	Percent	
85	19.91%	Definitely
172	40.28%	Somewhat
170	39.81%	Not at all
427		Respondents

**Q47. From your participation in Campus Recreation, do you feel you have increased or improved your: - Feeling of well-being**

Count	Percent	
279	64.29%	Definitely
130	29.95%	Somewhat
25	5.76%	Not at all
434		Respondents

**Q48. From your participation in Campus Recreation, do you feel you have increased or improved your: - Time management skills**

Count	Percent	
204	46.79%	Definitely
162	37.16%	Somewhat
70	16.06%	Not at all
436		Respondents

**Q49. From your participation in Campus Recreation, do you feel you have increased or improved your: - Group cooperation skills**

Count	Percent	
100	22.99%	Definitely
159	36.55%	Somewhat
176	40.46%	Not at all
435		Respondents

**Q50. From your participation in Campus Recreation, do you feel you have increased or improved your: - Ability to get a good night's sleep**

Count	Percent	
174	39.91%	Definitely
174	39.91%	Somewhat
88	20.18%	Not at all
436		Respondents

**Q51. From your participation in Campus Recreation, do you feel you have increased or improved your: - Leadership skills**

Count	Percent	
84	19.27%	Definitely
146	33.49%	Somewhat
206	47.25%	Not at all
436		Respondents

**Q52. From your participation in Campus Recreation, do you feel you have increased or improved your: - Ability to multi-task**

Count	Percent	
132	30.34%	Definitely
169	38.85%	Somewhat
134	30.80%	Not at all
435		Respondents

**Q53. From your participation in Campus Recreation, do you feel you have increased or improved your: - Stress management**

Count	Percent	
237	54.73%	Definitely
152	35.10%	Somewhat
44	10.16%	Not at all
433		Respondents

**Q54. From your participation in Campus Recreation, do you feel you have increased or improved your: - Ability to develop friendships**

Count	Percent	
125	28.94%	Definitely
160	37.04%	Somewhat
147	34.03%	Not at all
432		Respondents

**Q55. From your participation in Campus Recreation, do you feel you have increased or improved your: - Weight control**

<b>Count</b>	<b>Percent</b>	
201	46.21%	Definitely
191	43.91%	Somewhat
43	9.89%	Not at all
435		Respondents

**Q56. From your participation in Campus Recreation, do you feel you have increased or improved your: - Overall health**

<b>Count</b>	<b>Percent</b>	
269	61.70%	Definitely
150	34.40%	Somewhat
17	3.90%	Not at all
436		Respondents

**Q57. From your participation in Campus Recreation, do you feel you have increased or improved your: - Academic performance**

<b>Count</b>	<b>Percent</b>	
135	31.32%	Definitely
186	43.16%	Somewhat
110	25.52%	Not at all
431		Respondents

**Q58. In what other ways has your participation in Campus Recreation activities, programs, and services helped or enhanced your experience at this college/university?**

<b>Count</b>	<b>Percent</b>	
226	100.00%	
226		Respondents

**Q59. Which of the following factors, if any, impede your use of campus recreation facilities, programs, and/or services? (Check all that apply)**

Count	Respondent %	Response %	
105	20.87%	7.08%	Was not aware of offerings
70	13.92%	4.72%	Do not like to exercise
67	13.32%	4.51%	Injury or disability
73	14.51%	4.92%	Price/not affordable
281	55.86%	18.94%	No time
16	3.18%	1.08%	Child care was not available
69	13.72%	4.65%	Programs not offered at convenient times
176	34.99%	11.86%	Parking was a problem
27	5.37%	1.82%	Facilities are too spread out around campus
13	2.58%	0.88%	Facilities do not have the right equipment
180	35.79%	12.13%	Facilities are too crowded
84	16.70%	5.66%	Lack of privacy
27	5.37%	1.82%	Facilities are closed for events/activities that I do not wish to participate in
35	6.96%	2.36%	Hours of operation are not convenient
4	0.80%	0.27%	Lack of quality facilities
5	0.99%	0.34%	Facilities are too outdated
104	20.68%	7.01%	Do not know how to use the equipment
86	17.10%	5.80%	I use facilities off campus.
20	3.98%	1.35%	Other (please specify)
42	8.35%	2.83%	None of the above
503	Respondents		
1484	Responses		

**Q60. Which of the following other recreational facilities do you currently use? (Check all that apply)**

Count	Respondent %	Response %	
98	19.64%	12.96%	Local health clubs
66	13.23%	8.73%	Facilities at your place of residence
74	14.83%	9.79%	Community parks and recreational facilities
110	22.04%	14.55%	Home equipment
245	49.10%	32.41%	Outdoor (e.g., run, bike)
37	7.41%	4.89%	Other (please specify)
126	25.25%	16.67%	None of the above
499	Respondents		
756	Responses		

**Q61. If you have a membership at a local health club or other public facility, what are your monthly dues?**

Count	Percent	
41	8.17%	\$0
33	6.57%	\$1 - \$24 per month
29	5.78%	\$25 - \$49 per month
13	2.59%	\$50 - \$74 per month
20	3.98%	\$75 - \$99 per month
44	8.76%	\$100 or more per month
322	64.14%	Not applicable
502	Respondents	

<b>Q62. How old are you?</b>		
<b>Count</b>	<b>Percent</b>	
0	0.00%	Younger than 16
0	0.00%	16
0	0.00%	17
54	13.78%	18
85	21.68%	19
61	15.56%	20
67	17.09%	21
59	15.05%	22
13	3.32%	23
8	2.04%	24
5	1.28%	25
5	1.28%	26
4	1.02%	27
3	0.77%	28
2	0.51%	29
8	2.04%	30
2	0.51%	31
7	1.79%	32
0	0.00%	33
0	0.00%	34
0	0.00%	35
2	0.51%	36
2	0.51%	37
1	0.26%	38
0	0.00%	39
0	0.00%	40
1	0.26%	41
0	0.00%	42
0	0.00%	43
0	0.00%	44
1	0.26%	45
0	0.00%	46
1	0.26%	47
0	0.00%	48
0	0.00%	49
0	0.00%	50
1	0.26%	51
0	0.00%	52
0	0.00%	53
0	0.00%	54
0	0.00%	55
0	0.00%	56
0	0.00%	57
0	0.00%	58
0	0.00%	59
0	0.00%	60
0	0.00%	61
0	0.00%	62
0	0.00%	63
0	0.00%	64
0	0.00%	65+
392	Respondents	

<b>Q63. Are you a member of at least one student club or organization this semester/quarter?</b>		
<b>Count</b>	<b>Percent</b>	
370	75.36%	Yes
116	23.63%	No
5	1.02%	Not applicable/Not offered at this institution
491	Respondents	

**Q64. Are you a member of an intercollegiate (e.g., NCAA, NAIA) athletic team?**

Count	Percent	
23	4.70%	Yes
453	92.64%	No
13	2.66%	Not applicable/Not offered at this institution
489	Respondents	

**Q65. Are you the first in your family to go to college (i.e., neither of your parents/guardians or siblings have attended any college)?**

Count	Percent	
66	13.61%	Yes
414	85.36%	No
5	1.03%	Not applicable/Not offered at this institution
485	Respondents	

**Q66. Are you a member of a Greek organization?**

Count	Percent	
219	45.15%	Yes
258	53.20%	No
8	1.65%	Not applicable/Not offered at this institution
485	Respondents	

**Q67. Are you involved in at least one intramural group, club sport, or organized fitness activity on campus this semester/quarter?**

Count	Percent	
124	25.51%	Yes
353	72.63%	No
9	1.85%	Not applicable/Not offered at this institution
486	Respondents	

**Q68. With which categories do you identify? (select all that apply)**

Count	Respondent %	Response %	
4	0.81%	0.80%	Genderqueer or Non-Binary
125	25.25%	25.10%	Man
1	0.20%	0.20%	Transgender
363	73.33%	72.89%	Woman
1	0.20%	0.20%	Prefer to Self-Describe:
0	0.00%	0.00%	Unsure
4	0.81%	0.80%	Prefer Not to Answer
495	Respondents		
498	Responses		

<b>Q69. With which categories do you identify? (select all that apply)</b>			
<b>Count</b>	<b>Respondent %</b>	<b>Response %</b>	
24	4.85%	4.45%	African-American or Black
7	1.41%	1.30%	American Indian, Alaska Native, Indigenous, or First Nations
3	0.61%	0.56%	Arab or Middle Eastern
22	4.44%	4.08%	Asian or Asian American
78	15.76%	14.47%	Hispanic or Latino/a
8	1.62%	1.48%	Multiracial/Biracial
2	0.40%	0.37%	Native Hawaiian or other Pacific Islander
382	77.17%	70.87%	White or European American
1	0.20%	0.19%	Prefer to self-describe:
12	2.42%	2.23%	Prefer not to answer
495	Respondents		
539	Responses		

<b>Q70. Please indicate your current class standing:</b>			
<b>Count</b>	<b>Percent</b>		
126	25.45%	First year/Freshman	
84	16.97%	Sophomore	
105	21.21%	Junior	
106	21.41%	Senior	
71	14.34%	Graduate student	
3	0.61%	Professional student	
0	0.00%	Non-degree seeking/Continuing education student	
495	Respondents		

<b>Q71. What is your current enrollment status?</b>			
<b>Count</b>	<b>Percent</b>		
464	93.74%	Full time	
31	6.26%	Less than full time	
495	Respondents		

<b>Q72. How many credit hours are you taking this semester?</b>			
<b>Count</b>	<b>Percent</b>		
493	100.00%	Please enter a number only.	
493	Respondents		

<b>Q73. Did you transfer to this institution?</b>			
<b>Count</b>	<b>Percent</b>		
415	84.18%	No	
38	7.71%	Yes, from a two-year college	
40	8.11%	Yes, from a four-year college or university	
493	Respondents		



**Q74. Where do you currently live?**

Count	Percent	
222	44.94%	On campus (e.g., residence hall, apartment, family housing)
23	4.66%	Fraternity or sorority housing
163	33.00%	Off campus, alone or with friends/roommates
38	7.69%	Off campus, with my parent(s)/guardian(s)
45	9.11%	Off campus, with my spouse/partner/children
3	0.61%	I am currently studying abroad.
0	0.00%	Other (please specify)
494		Respondents

**Q75. In which subject area is your major?**

Count	Percent	
96	19.43%	Business
4	0.81%	Computer Science
45	9.11%	Education
13	2.63%	Engineering
123	24.90%	Health Sciences
4	0.81%	Interdisciplinary
43	8.70%	Liberal Arts/Humanities
5	1.01%	Mathematics
22	4.45%	Physical Sciences
19	3.85%	Social Sciences
0	0.00%	Technology
26	5.26%	Visual and Performing Arts
12	2.43%	I have more than one major
10	2.02%	Undecided
70	14.17%	Other (please specify)
2	0.40%	Not applicable/I do not have a major.
494		Respondents

**Q76. Are you an international student?**

Count	Percent	
19	3.89%	Yes
470	96.11%	No
489		Respondents

**Q77. With which categories do you identify? (select all that apply)**

Count	Respondent %	Response %	
16	3.25%	3.19%	Asexual
10	2.03%	2.00%	Bisexual or Pansexual
10	2.03%	2.00%	Gay or Lesbian
446	90.65%	89.02%	Heterosexual/Straight
3	0.61%	0.60%	Queer
2	0.41%	0.40%	Prefer to self-describe:
3	0.61%	0.60%	Unsure
11	2.24%	2.20%	Prefer not to answer
492			Respondents
501			Responses

**Q78. How many miles do you live from the on-campus Recreation Center?**

Count	Percent	
290	58.70%	Less than 1 mile
112	22.67%	1 - 5 miles
33	6.68%	6 - 10 miles
16	3.24%	11 - 15 miles
12	2.43%	16 - 20 miles
31	6.28%	More than 20 miles
494	Respondents	

**Q79. How many hours do you typically spend a week studying?**

Count	Percent	
3	0.61%	0 hours
180	36.59%	1 - 10 hours
191	38.82%	11 - 20 hours
65	13.21%	21 - 30 hours
37	7.52%	31 - 40 hours
16	3.25%	More than 40 hours
492	Respondents	

**Q80. Is the number of hours that you indicated in the last question more or less than you expected?**

Count	Percent	
87	17.68%	More hours than I expected
343	69.72%	About what I expected
62	12.60%	Fewer hours than what I expected
492	Respondents	

**Q81. How many hours do you typically spend working for pay each week?**

Count	Percent	
205	41.67%	0 hours
126	25.61%	1 - 10 hours
97	19.72%	11 - 20 hours
33	6.71%	21 - 30 hours
16	3.25%	31 - 40 hours
15	3.05%	More than 40 hours
492	Respondents	

**Q82. What percentage of your college expenses are you personally responsible for?**

Count	Percent	
164	33.40%	0%
159	32.38%	1% - 25%
58	11.81%	26% - 50%
26	5.30%	51% - 75%
84	17.11%	76% - 100%
491	Respondents	

**Q83. Are you currently employed by the Campus Recreation department?**

Count	Percent	
462	94.29%	No
18	3.67%	Yes, I am currently employed by the Campus Recreation department.
10	2.04%	I am not currently employed by the Campus Recreation department, but have been in the past.
490	Respondents	

**Q84. What is your expected GPA for this semester/quarter?**

Count	Percent	
354	71.95%	3.5 - 4.0
119	24.19%	3.0 - 3.4
16	3.25%	2.5 - 2.9
3	0.61%	2.0 - 2.4
0	0.00%	Below 2.0
492	Respondents	

**Q85. Have you ever been enlisted in any branch of the US military (active duty, veteran, national guard, or reserves)?**

Count	Percent	
19	3.88%	Yes
471	96.12%	No
490	Respondents	

**Q86. If you could start over again, would you go to the same institution you are now attending?**

Count	Percent	
241	48.98%	Definitely would
165	33.54%	Probably would
36	7.32%	Probably would not
11	2.24%	Definitely would not
39	7.93%	Not sure
492	Respondents	

**Q87. How likely is it that you will be enrolled at this college/university next semester/quarter?**

Count	Percent	
351	71.49%	Extremely likely
27	5.50%	Somewhat likely
5	1.02%	Somewhat unlikely
8	1.63%	Extremely unlikely
6	1.22%	Not sure
94	19.14%	Not applicable/Graduating
491	Respondents	

**Q88. Are you willing to answer additional survey questions about your satisfaction with Campus Recreation facilities, services, and programs?**

Count	Percent	
321	64.85%	Yes
174	35.15%	No
495	Respondents	

**Q89. Please indicate your level of agreement with the following statements about recreation staff members: - Professional staff members are friendly.**

Count	Percent	
182	67.41%	Strongly agree
61	22.59%	Somewhat agree
8	2.96%	Neither agree nor disagree
7	2.59%	Somewhat disagree
3	1.11%	Strongly disagree
9	3.33%	No basis to judge
270	Respondents	

**Q90. Please indicate your level of agreement with the following statements about recreation staff members: - Professional staff members are knowledgeable.**

Count	Percent	
154	57.25%	Strongly agree
58	21.56%	Somewhat agree
23	8.55%	Neither agree nor disagree
3	1.12%	Somewhat disagree
1	0.37%	Strongly disagree
30	11.15%	No basis to judge
269		Respondents

**Q91. Please indicate your level of agreement with the following statements about recreation staff members: - Professional staff members are available to answer questions.**

Count	Percent	
162	60.00%	Strongly agree
60	22.22%	Somewhat agree
22	8.15%	Neither agree nor disagree
9	3.33%	Somewhat disagree
2	0.74%	Strongly disagree
15	5.56%	No basis to judge
270		Respondents

**Q92. Please indicate your level of agreement with the following statements: - Recreation facilities are clean.**

Count	Percent	
211	78.44%	Strongly agree
49	18.22%	Somewhat agree
3	1.12%	Neither agree nor disagree
3	1.12%	Somewhat disagree
1	0.37%	Strongly disagree
2	0.74%	No basis to judge
269		Respondents

**Q93. Please indicate your level of agreement with the following statements: - Recreation facilities provide a safe environment.**

Count	Percent	
212	79.40%	Strongly agree
46	17.23%	Somewhat agree
5	1.87%	Neither agree nor disagree
2	0.75%	Somewhat disagree
1	0.37%	Strongly disagree
1	0.37%	No basis to judge
267		Respondents

**Q94. Please indicate your level of agreement with the following statements: - Recreation facilities are well-maintained to encourage participation (e.g., temperature, ventilation).**

Count	Percent	
200	75.76%	Strongly agree
57	21.59%	Somewhat agree
2	0.76%	Neither agree nor disagree
3	1.14%	Somewhat disagree
0	0.00%	Strongly disagree
2	0.76%	No basis to judge
264		Respondents

**Q95. Please indicate your level of agreement with the following statements: - Fitness equipment is clean.**

Count	Percent	
199	73.98%	Strongly agree
57	21.19%	Somewhat agree
3	1.12%	Neither agree nor disagree
6	2.23%	Somewhat disagree
1	0.37%	Strongly disagree
3	1.12%	No basis to judge
269		Respondents

**Q96. Please indicate your level of agreement with the following statements: - Fitness equipment is well-maintained.**

Count	Percent	
198	73.33%	Strongly agree
56	20.74%	Somewhat agree
8	2.96%	Neither agree nor disagree
4	1.48%	Somewhat disagree
1	0.37%	Strongly disagree
3	1.11%	No basis to judge
270		Respondents

**Q97. Please indicate your level of agreement with the following statements: - Fitness equipment is available when I want to use it.**

Count	Percent	
77	28.62%	Strongly agree
107	39.78%	Somewhat agree
28	10.41%	Neither agree nor disagree
46	17.10%	Somewhat disagree
7	2.60%	Strongly disagree
4	1.49%	No basis to judge
269		Respondents

**Q98. Please indicate your level of satisfaction with the following: - Number of weight machines**

Count	Percent	
123	45.56%	Very satisfied
71	26.30%	Somewhat satisfied
15	5.56%	Neither satisfied nor dissatisfied
12	4.44%	Somewhat dissatisfied
2	0.74%	Very dissatisfied
47	17.41%	No basis to judge
270		Respondents

**Q99. Please indicate your level of satisfaction with the following: - Number of free weights**

Count	Percent	
118	44.03%	Very satisfied
73	27.24%	Somewhat satisfied
17	6.34%	Neither satisfied nor dissatisfied
16	5.97%	Somewhat dissatisfied
3	1.12%	Very dissatisfied
41	15.30%	No basis to judge
268		Respondents

**Q100. Please indicate your level of satisfaction with the following: - Number of cardio machines**

Count	Percent	
108	40.30%	Very satisfied
83	30.97%	Somewhat satisfied
21	7.84%	Neither satisfied nor dissatisfied
41	15.30%	Somewhat dissatisfied
6	2.24%	Very dissatisfied
9	3.36%	No basis to judge
268		Respondents

**Q101. Please indicate your level of satisfaction with the following: - Adequate stretching areas**

Count	Percent	
90	33.83%	Very satisfied
68	25.56%	Somewhat satisfied
28	10.53%	Neither satisfied nor dissatisfied
55	20.68%	Somewhat dissatisfied
14	5.26%	Very dissatisfied
11	4.14%	No basis to judge
266		Respondents

**Q102. Please indicate your level of satisfaction with the following: - Cleanliness of locker rooms**

Count	Percent	
127	48.85%	Very satisfied
57	21.92%	Somewhat satisfied
15	5.77%	Neither satisfied nor dissatisfied
7	2.69%	Somewhat dissatisfied
1	0.38%	Very dissatisfied
53	20.38%	No basis to judge
260		Respondents

**Q103. Please indicate your level of satisfaction with the following: - Availability of facilities (e.g., gym, fields, courts) for free play and open recreation**

Count	Percent	
125	46.99%	Very satisfied
67	25.19%	Somewhat satisfied
22	8.27%	Neither satisfied nor dissatisfied
10	3.76%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
42	15.79%	No basis to judge
266		Respondents

**Q104. Please indicate your level of satisfaction with the following: - Location of campus recreation facilities**

Count	Percent	
181	67.79%	Very satisfied
58	21.72%	Somewhat satisfied
17	6.37%	Neither satisfied nor dissatisfied
8	3.00%	Somewhat dissatisfied
1	0.37%	Very dissatisfied
2	0.75%	No basis to judge
267		Respondents

**Q105. Please indicate your level of satisfaction with the following: - Amount of indoor recreation space on campus**

Count	Percent	
136	51.32%	Very satisfied
77	29.06%	Somewhat satisfied
21	7.92%	Neither satisfied nor dissatisfied
14	5.28%	Somewhat dissatisfied
2	0.75%	Very dissatisfied
15	5.66%	No basis to judge
265		Respondents

**Q106. Please indicate your level of satisfaction with the following: - Amount of outdoor recreation space on campus**

Count	Percent	
115	43.40%	Very satisfied
65	24.53%	Somewhat satisfied
31	11.70%	Neither satisfied nor dissatisfied
10	3.77%	Somewhat dissatisfied
5	1.89%	Very dissatisfied
39	14.72%	No basis to judge
265		Respondents

**Q107. Please rate your level of satisfaction on-campus recreational facilities hours of operation:  
- Hours of operation during the week (Monday - Friday).**

Count	Percent	
181	67.79%	Very satisfied
54	20.22%	Somewhat satisfied
13	4.87%	Neither satisfied nor dissatisfied
13	4.87%	Somewhat dissatisfied
3	1.12%	Very dissatisfied
3	1.12%	No basis to judge
267		Respondents

**Q108. Please rate your level of satisfaction on-campus recreational facilities hours of operation:  
- Hours of operation during the weekend (Saturday - Sunday).**

Count	Percent	
134	50.19%	Very satisfied
87	32.58%	Somewhat satisfied
15	5.62%	Neither satisfied nor dissatisfied
18	6.74%	Somewhat dissatisfied
4	1.50%	Very dissatisfied
9	3.37%	No basis to judge
267		Respondents

**Q109. Comments about the hours of operation, facilities, or equipment:**

Count	Percent	
108	100.00%	
108		Respondents

**Q110. Aquatics****Please rate your level of satisfaction with the following: - Hours of operation of the pool**

<b>Count</b>	<b>Percent</b>	
26	32.91%	Very satisfied
25	31.65%	Somewhat satisfied
9	11.39%	Neither satisfied nor dissatisfied
9	11.39%	Somewhat dissatisfied
2	2.53%	Very dissatisfied
8	10.13%	No basis to judge
79		Respondents

**Q111. Aquatics****Please rate your level of satisfaction with the following: - Aquatics classes**

<b>Count</b>	<b>Percent</b>	
16	20.25%	Very satisfied
3	3.80%	Somewhat satisfied
18	22.78%	Neither satisfied nor dissatisfied
3	3.80%	Somewhat dissatisfied
1	1.27%	Very dissatisfied
38	48.10%	No basis to judge
79		Respondents

**Q112. Aquatics****Please rate your level of satisfaction with the following: - Cleanliness of the pool**

<b>Count</b>	<b>Percent</b>	
39	49.37%	Very satisfied
19	24.05%	Somewhat satisfied
8	10.13%	Neither satisfied nor dissatisfied
3	3.80%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
10	12.66%	No basis to judge
79		Respondents

**Q113. Aquatics****Please rate your level of satisfaction with the following: - Availability of pool for different types of aquatics (free swim versus lap swim)**

<b>Count</b>	<b>Percent</b>	
33	41.77%	Very satisfied
10	12.66%	Somewhat satisfied
14	17.72%	Neither satisfied nor dissatisfied
6	7.59%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
16	20.25%	No basis to judge
79		Respondents



**Q114. Aquatics****Please rate your level of satisfaction with the following: - Lifeguards/Other aquatics staff**

<b>Count</b>	<b>Percent</b>	
43	55.13%	Very satisfied
12	15.38%	Somewhat satisfied
12	15.38%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
11	14.10%	No basis to judge
78		Respondents

**Q115. Group Fitness Classes (Instructor-led)****Please rate your level of satisfaction with the following: - Number of group fitness classes**

<b>Count</b>	<b>Percent</b>	
39	36.79%	Very satisfied
35	33.02%	Somewhat satisfied
11	10.38%	Neither satisfied nor dissatisfied
8	7.55%	Somewhat dissatisfied
2	1.89%	Very dissatisfied
11	10.38%	No basis to judge
106		Respondents

**Q116. Group Fitness Classes (Instructor-led)****Please rate your level of satisfaction with the following: - Variety of group fitness classes**

<b>Count</b>	<b>Percent</b>	
47	43.93%	Very satisfied
28	26.17%	Somewhat satisfied
8	7.48%	Neither satisfied nor dissatisfied
11	10.28%	Somewhat dissatisfied
2	1.87%	Very dissatisfied
11	10.28%	No basis to judge
107		Respondents

**Q117. Group Fitness Classes (Instructor-led)****Please rate your level of satisfaction with the following: - Days and times of group fitness classes**

<b>Count</b>	<b>Percent</b>	
31	28.97%	Very satisfied
30	28.04%	Somewhat satisfied
13	12.15%	Neither satisfied nor dissatisfied
18	16.82%	Somewhat dissatisfied
5	4.67%	Very dissatisfied
10	9.35%	No basis to judge
107		Respondents

**Q118. Group Fitness Classes (Instructor-led)**

Please rate your level of satisfaction with the following: - Fitness class instructors

Count	Percent	
55	51.89%	Very satisfied
20	18.87%	Somewhat satisfied
12	11.32%	Neither satisfied nor dissatisfied
4	3.77%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
15	14.15%	No basis to judge
106		Respondents

**Q119. Intramurals**

Please rate your level of satisfaction with the following: - Number of team intramural sports offered

Count	Percent	
48	64.00%	Very satisfied
13	17.33%	Somewhat satisfied
4	5.33%	Neither satisfied nor dissatisfied
3	4.00%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
7	9.33%	No basis to judge
75		Respondents

**Q120. Intramurals**

Please rate your level of satisfaction with the following: - Number of individual/dual intramural sports offered

Count	Percent	
39	52.00%	Very satisfied
11	14.67%	Somewhat satisfied
7	9.33%	Neither satisfied nor dissatisfied
1	1.33%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
17	22.67%	No basis to judge
75		Respondents

**Q121. Intramurals**

Please rate your level of satisfaction with the following: - Variety of team intramural sports offered

Count	Percent	
48	64.00%	Very satisfied
14	18.67%	Somewhat satisfied
2	2.67%	Neither satisfied nor dissatisfied
4	5.33%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
7	9.33%	No basis to judge
75		Respondents

**Q122. Intramurals****Please rate your level of satisfaction with the following: - Variety of individual/dual intramural sports offered**

Count	Percent	
40	53.33%	Very satisfied
11	14.67%	Somewhat satisfied
6	8.00%	Neither satisfied nor dissatisfied
1	1.33%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
17	22.67%	No basis to judge
75		Respondents

**Q123. Sport Clubs****Please rate your level of satisfaction with the following: - Number of Sport Clubs offered**

Count	Percent	
23	62.16%	Very satisfied
5	13.51%	Somewhat satisfied
2	5.41%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
1	2.70%	Very dissatisfied
6	16.22%	No basis to judge
37		Respondents

**Q124. Sport Clubs****Please rate your level of satisfaction with the following: - Variety of Sport Clubs offered**

Count	Percent	
23	62.16%	Very satisfied
5	13.51%	Somewhat satisfied
2	5.41%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
1	2.70%	Very dissatisfied
6	16.22%	No basis to judge
37		Respondents

**Q125. Wellness/Fitness Centers****Please rate your level of satisfaction with the following: - Wellness facilities**

Count	Percent	
27	50.94%	Very satisfied
15	28.30%	Somewhat satisfied
5	9.43%	Neither satisfied nor dissatisfied
0	0.00%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
6	11.32%	No basis to judge
53		Respondents

**Q126. Wellness/Fitness Centers****Please rate your level of satisfaction with the following: - Fitness assessments**

Count	Percent	
15	62.50%	Very satisfied
6	25.00%	Somewhat satisfied
0	0.00%	Neither satisfied nor dissatisfied
1	4.17%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
2	8.33%	No basis to judge
24		Respondents

**Q127. Wellness/Fitness Centers****Please rate your level of satisfaction with the following: - Personal training**

Count	Percent	
15	57.69%	Very satisfied
3	11.54%	Somewhat satisfied
0	0.00%	Neither satisfied nor dissatisfied
1	3.85%	Somewhat dissatisfied
0	0.00%	Very dissatisfied
7	26.92%	No basis to judge
26		Respondents

**Q128. Comments about any recreational activities, programs, or services you participate in:**

Count	Percent
66	100.00%
66	Respondents

**Q129. How do you learn about what is happening in the Recreation department? (Check all that apply)**

Count	Respondent %	Response %	
135	43.55%	22.17%	College/university web page
126	40.65%	20.69%	Posters/flyers
15	4.84%	2.46%	Brochures
148	47.74%	24.30%	Word of mouth
2	0.65%	0.33%	Newspaper
72	23.23%	11.82%	Direct mailings
75	24.19%	12.32%	Social networking site (e.g., Facebook, Twitter, Friendster)
21	6.77%	3.45%	Other (please specify)
15	4.84%	2.46%	Not applicable
310			Respondents
609			Responses

**Q130. Please rate your level of agreement with the following statements. - Recreational activities and services are effectively promoted.**

Count	Percent	
99	32.04%	Strongly agree
109	35.28%	Somewhat agree
36	11.65%	Neither agree nor disagree
48	15.53%	Somewhat disagree
10	3.24%	Strongly disagree
7	2.27%	No basis to judge
309		Respondents

**Q131. Please rate your level of agreement with the following statements. - The recreation publications - flyers, poster, and brochures - effectively promote activities and services.**

Count	Percent	
102	33.01%	Strongly agree
107	34.63%	Somewhat agree
40	12.94%	Neither agree nor disagree
38	12.30%	Somewhat disagree
11	3.56%	Strongly disagree
11	3.56%	No basis to judge
309		Respondents

**Q132. If you were improving/expanding recreation facilities, which of the following would be important to you? (Check all that apply)**

Count	Respondent %	Response %	
52	16.88%	4.23%	Multi-purpose courts (gymnasiums)
119	38.64%	9.67%	Additional strength equipment (weights)
185	60.06%	15.04%	Additional cardio equipment
16	5.19%	1.30%	Additional racquetball courts
17	5.52%	1.38%	Additional tennis courts
41	13.31%	3.33%	Additional aquatic offerings
23	7.47%	1.87%	Additional fields
102	33.12%	8.29%	Additional open and/or park space
65	21.10%	5.28%	Personal training
91	29.55%	7.40%	Multi-purpose rooms for group fitness and other classes
97	31.49%	7.89%	Mind/body offerings
43	13.96%	3.50%	Indoor track
15	4.87%	1.22%	Adding child care facilities
60	19.48%	4.88%	Adding a social lounge area
109	35.39%	8.86%	Adding a juice bar or food service area
59	19.16%	4.80%	Ropes course
55	17.86%	4.47%	Expand outdoor or seasonal activities
28	9.09%	2.28%	Climbing wall
26	8.44%	2.11%	Skate park
20	6.49%	1.63%	Other (please specify)
7	2.27%	0.57%	None of the above
308			Respondents
1230			Responses

**Q133. What additional recreational offerings (not listed above) would you like to see that are not currently available on campus?**

Count	Percent
121	100.00%
121	Respondents

**Q134. What changes could be made to the recreation program that would increase your likelihood of utilizing on-campus recreational facilities, programs, and/or services?**

Count	Percent
136	100.00%
136	Respondents

**Q135. Which best describes how often you visit the recreation web page?**

Count	Percent	
6	1.95%	5 or more times a week
15	4.89%	3 - 4 times per week
43	14.01%	1 - 2 times per week
56	18.24%	1 - 2 times per month
86	28.01%	1 - 2 times per semester
101	32.90%	Never
307		Respondents

**Q136. What do you use the recreation web page for?**

Count	Respondent %	Response %	
159	77.18%	38.41%	Check hours when facilities are open
99	48.06%	23.91%	Find information about activities, programs, and services
82	39.81%	19.81%	Check schedule of events
64	31.07%	15.46%	Register for events and activities
3	1.46%	0.72%	Staff information
6	2.91%	1.45%	Apply for employment
1	0.49%	0.24%	Other (please specify)
206			Respondents
414			Responses

**Q137. Were you able to find the information that you were looking for on the recreation web page?**

Count	Percent	
201	98.05%	Yes
4	1.95%	No
205		Respondents

**Q138. Please explain what information you were looking for that you could not find.**

Count	Percent	
4	100.00%	
4		Respondents